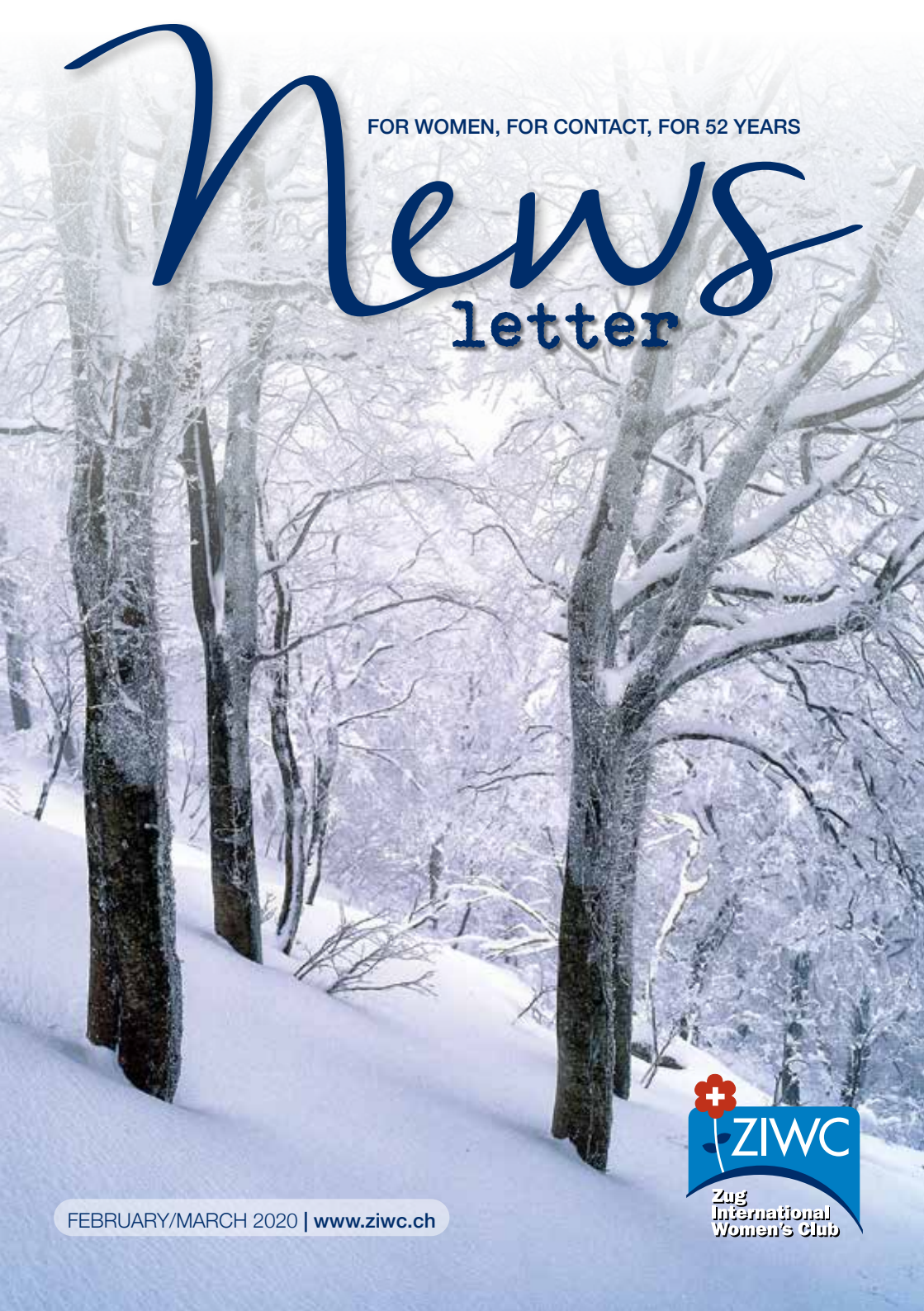
News letter

FOR WOMEN, FOR CONTACT, FOR 52 YEARS



ZIWC
Zug International Women's Club

FEBRUARY/MARCH 2020 | **www.ziwc.ch**

PARKHOTEL
ZUG
Swedish weeks at the Parkhotel Zug since 2003
G.SWENSON'S KROG
ÖPPET
SWEDISH WEEKS
27TH FEBRUARY - 15TH MARCH 2020
DAILY SMÖRGÅSBORD FROM 6 P.M.
WITH GUEST CHEF ALEXANDER FALKHEDEN
FROM THE G. SWENSON'S KROG IN TOREKOV
PARKHOTEL ZUG Industriestrasse 14 6302 Zug
Tel. 041 727 47 47 restaurant@parkhotel.ch
G.SWENSON'S

Welcome

to the February & March 2020 issue

Dear Members,

I'm really honoured to write the first 2020 welcome newsletter!

As you might have heard, 2019 was a year of declining membership for our Club. Overall we had 63 new members but lost 90. Some just relocated while others find it challenging to attend our events when working.

Our Board is actively discussing new ideas to keep our Club attractive and interesting for international women living in this wonderful Canton, either for the ones working as housewives or in businesses.

On many occasions we have circulated surveys asking for your suggestions.

If you have missed them, do not hesitate to contact us by email on membership@ziwc.ch.

We are so many talented and interesting women and YOUR voice is most important to us!

Managing the comings and goings of so many members is sometimes challenging.

It would be helpful if you could assist by informing us of any changes in your postal address, email address or telephone number.

In the coming weeks, you will receive a letter reminding you that your membership fee of CHF 100.00 is due on 1st April.

Last but not least, please consider we are all volunteers and it might take up to 10 days before your membership is updated. In case you wish to attend a Club event in this time frame and you can't enrol, just call or text me at 079 444 40 56.

I really hope you will all stay with us and enjoy the new events and activities that we'll offer in 2020.

Have a wonderful, happy and healthy New Year!



Cristina Rocco
Membership Chairwoman, 2019/2020

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Deadline for submissions for April /May Newsletter: 1st of March

Please send any information or photos to newsletter@ziwc.ch

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newsletter@ziwc.ch

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Payments to the Club should be made to:
Zug International Women's Club, 6340 Baar
IBAN: CH40 0900 0000 1752 1935 3

The Club's cancellation policy is applicable to all events that involve a reservation and a monetary payment. Unless otherwise specified, the cancellation deadline is the booking deadline. A member who cancels her participation in an event, after the cancellation deadline, is required to pay the full participation fee of the event. The Club is not responsible for any loss or injury suffered during the course of activities or events.

Escape to Zurich Flughafen

Escape with us for a tour of the Zurich Airport.

First, the guide will accompany the group walking for about 1+ hours through the terminals, providing a wealth of interesting information on the proceedings at Zurich Airport. The visitors will then be accompanied through the security check building into the Airside Center. At Dock E, the group will be collected by a tour bus for a one-hour bus tour with live commentary.

During the tour, we will visit:

- Main airport complex: terminals and Airside Center Observation
- Deck E: views of the runway system and main airport complex
- One-hour bus tour - REGA (Swiss Air-Rescue), freight area, hangar and vaulted hangar, fire service, Winter Services hall, stop at the runway intersection
- End of the tour at Observation Deck B

Please note that this Escape includes some walking.

If anyone would like to do lunch before the tour there is the newer selfservice restaurant on departure level called “Air” that is very good and very fast.

You must also pass through airport security so please consider this when packing your handbag.

Date and Time: February 20th 2020 13:15

Group limit: 30

Where: We will meet at the airport at arrival area terminal 2 at 13:15



Finish: Around 16:00

Dress code: Casual

Costs: CHF 15 - bring the exact money in an envelope with your name on it. The cost covers the tour only.

Booking deadline: February 8th. Register online to participate in this event.

Travel: You must make your way to the Zurich Airport on your own.

This tour allows IMCZ members to join after February 1st if there is place.

Contacts: For questions or more information please contact Meri Mueller-deJong by email: vicepresident@ZIWC.ch

The ZIWC cancellation policy applies.

Hospitality

Emilia Mini, Hospitality Chairwoman
organises regular social events and welcomes new club members
078 733 12 68 | hospitality@ziwc.ch

Every Wednesday the Club has a morning Stammtisch in the Cigar lounge at the Park Hotel in Zug. Come for a chat, meet friends and make new ones. This is also an ideal time for new members to meet other Club members.

Morning Stammtisch

When: Every Wednesday, except public holidays, 09:45-11:45
Where: Parkhotel, Industriestrasse 14, 6300 Zug
Contact: Emilia Min, 078 733 12 68, hospitality@ziwc.ch
Nicola Elmer, 041 530 06 98, nicolaelmer@hotmail.co.uk
Karin Resch, +43 664 421 27 75, karin-resch@bluewin.ch
Dagmar Schneider, 078 709 75 45, schneider-weitzel@t-online.de
Monika Zeis, 079 899 85 80, monika_zeis_77@hotmail.com

Cham Coffee

Karin created a WhatsApp group to keep members informed about attendance. Check the WhatsApp or write if you are attending.

If you live in Cham area (Hünenberg, Knonau, …) and are interested in joining the coffee, call Karin to be added to the group

When: Third Thursday of the month, 9.45 – 11.45
Where: Café Plaza, Kirchbühl 5, 6330 Cham
Contact: Karin Resch, +43 664 421 27 75, karin-resch@bluewin.ch
Dates: 20th February and 19th March

Walchwil Coffee

Why not come and join us for a cup of tea or coffee and a friendly chat? All ZIWC members are welcome.

When: Last Thursday of the month, 09:30-11:00
Where: Riviera Café, (opposite the church), Dorfstrasse 19, Walchwil
Contact: Sarah Paul, 079 279 97 48, paulfamily@bluewin.ch
Dates: 27th February and 26th March

February Contact Coffee Afternoon



The February Contact coffee will be hosted by Silvia Meuer, living in Cham. New members and active members are warmly welcome to make friends or deepen friendships. Please come along and join her for coffee, tea, cake and chats.

Remember to wear your name tag. This will be of great help to new members!

If you would like to attend, please register online.

When: 27th February, 2 – 4 pm

Where: Mugerenmatt 24, 6330 Cham

Space limits: 10

Booking Deadline: Monday 26th February, please register online

Contact: For questions: Silvia Meuer, silvia.meuer@gmx.ch, 041764612522

Directions: S1 towards Sursee, Station Cham-Alpenblick – from there 4 minutes walk Bus 6 towards Cham, Station Cham Alpenblick.

Limited Parking is available in Mugerenmatt before the roundabout.

Participation in any club event is at your own risk. It is each participant's responsibility to have personal and accident insurance.

The ZIWC cancellation policy applies.



Are you feeling overwhelmed with your garden? Keep Calm and call the Gardener!

I am an english gardener with over forty years experience in England and here in Switzerland. I speak English and German. If you need help in your garden regarding garden maintenance, changes, or new construction work don't hesitate to contact me. I can be reached either by phone, 078 897 88 02 or email, antru@sunrise.ch. I can guarantee first class work at a fair price for all your garden requirements.

Garden Consultancy, Maintenance, Construction and Repairs.

Bar & Lounge February

Join us for an Apero after work or a long day.
Meet up with other members and share your stories.

Meeting Details:
Tuesday February 4th

Please check the ZIWC website for registration and additional details!

Contact Details:
Ingela Stigemar,
dent_stigemar@bluewin.ch

The ZIWC cancellation policy applies.



New Members

Cristina Rocco, Membership Chairwoman:
responds to membership enquiries, updates member profiles, sends out information packs, compiles the annual Membership Directory and writes up the membership news for the newsletter. **membership@ziwc.ch**

We warmly welcome our new members

(joined in November and December 2019)

Anke Graff-Coloru, Finstersee
Sira Gulejean, Zug
Annedore Haerder, Cham
Arina Kadanik, Zug
Ekaterina Kellenberger, Oberägeri
Anna Pruska, Walchwil
Nisha Rogenmoser, Oberaegeri
Wioletta Ewa Sobieraj, Baar
Lydia Steinegger, Zug
Isabel Vico, Rotkreuz

In memory of

Kadri Lämmler Loit-Remmelgas

who sadly passed away. Kadri actively took part in club events. She will be fondly remembered. All our thoughts go to the families of Kadri.

The 52nd Annual General Meeting

of the Zug International Women's Club

Wednesday, 29th April 2020

18:00–20:30 Park Hotel, Industriestrasse 14, 6300 Zug

Please register for the AGM online as you would for any other club event by Friday 24th of April. **No late registrations will be accepted.** If you are not online, please RSVP by SMS to the Jan Frei on 079 335 76 69.

Any objections or observations about this Agenda or the proposed incoming board members must be lodged with the Club Secretary, **in writing, at least two weeks prior to the AGM.**

- The Treasurer's Financial Report will be presented at the AGM and will be available on the website after the AGM.
- Voting at the meeting shall be by simple majority vote of members present, as well as any proxy votes. You may provide your proxy to another Club member, in writing, if you wish to have that person represent your voting interests at the AGM. Please present your signed proxy statement to the Club Secretary **at least 1 week before the AGM.** In the event of a tie, the President has an additional casting vote.

AGENDA

18:00 Apéro

18:30 AGM commences

Business of the Current Board:

1. Approval of the minutes of the 2019 AGM (Vote 1)
2. Report from President, Jan Frei 2019-2020
3. Report from Treasurer, Silvia Meuer for the Annual financial closing as of 31 March 2020
   - Auditor's Report
   - Approval of the 2019-2020 Treasurer's Report (Vote 2)
4. Any other business of the outgoing Board
   - Input regarding the member questionnaire

19.20 Break

19:30 Business of the Incoming Board:

5. New Board Members 2020-21 (Vote 3)
6. Budget for 2020-21 (Vote 4)
7. Election of auditors for the year 2020-2021 (Vote 5)
8. Annual Fee (Vote 6)
9. Any other business of the new Board
   - Christmas Ball / Dinner Dance
   - Annual Events and Escape

ZIWC Board Nomination Committee

for the year 2020/2021

The nominating committee have been tasked with helping to find replacements for those board members who are stepping down.

The nominating committee consists of the following persons:

- **Valerie Gitter**
- **Cristina Rocco**
- **Emilia Salvia**

We are looking to fill the following board positions from 1st April, 2020

President	Vice President
Secretary	Advertising Chairwoman
Annual Events Chairwoman	Escape Chairwoman
Interest Groups Chairwoman	Membership Chairwoman
Website Chairwoman	Newsletter Chairwoman

If you are a member who would like to support club activities, please contact any member of the nomination committee for more information.



ZIWC Board 2017/2018

Annual General Meeting of 29.4.2020

Proxy voting form

I, the undersigned, _____

(PRINT name)

of _____

(address)

being a Member of the Zug International Women's Club hereby appoint

_____

(Name of appointed person)

_____

(Address of appointed person)

to vote on my behalf at the Annual General Meeting of 29.4.2020.

Date of signing: _____

Signature:_____

This form is only valid if submitted to the secretary one week before the meeting.

Business Networking Group BNG

The group focuses on women who are interested in business topics, who are working, managing their company, intending to start up a new company, or are changing their working life. This group shares knowledge, experiences, information, ideas and techniques. The program includes speeches, brainstorm sections, workshops and coaching sections. This group meets once a month in the evening, and it is usually followed by an informal drink.

Tuesday the 4th of February, 18:30-20:30

"Stress? Burn-Out? How to recognize first signs and successfully overcome them with holistic approach" By Monika Sochan.

This edifying conference will unfold easily, yet provide essential tools to give you the opportunity to analyze yourself and the environment you are living in, reconnect with yourself and Gain Your Power Back.

You will receive important guidelines about how to recognize the first signs between emotional, psychological or physical symptoms, infinite ways of healing and start to live the Life You will Love to Live!

Monika Sochan is a facilitator and guide to accompany you through finding your inner well-being.

Tuesday the 3rd of March, 18:30-20:30

Insider Thoughts About Health and Wealth by Catherine Schopfer

We all want to live a happy and fulling life. But what happens if an accident or illness shatters our dreams? And what about all those burnouts we see happening to our colleagues? Very often it is only then that we realize how precious our health is, and that if we don't have it we have nothing!

On the 3rd of March Catherine will not only share with you easy tools that will ensure you a healthy lifestyle but will also give you practical tips on how to implement them in your everyday life.

Catherine Schopfer Founder, Online Cancer Coach, Switzerland.

Catherine, cancer survivor, life transformer, and mindset coach, speaks from experience. Expert in resilience and using a systemic approach, she helps people around the world to overcome the challenge of cancer and thrive fully ever after. Catherine trained as a food science engineer and worked in the corporate world for 20 years. She's been a Life & Business Coach for the last 10 years and lives with her partner in Zug.

Meeting Place: Zug Bibliothek 5th Floor (doors close at 7pm, so be on time).

Booking deadline: Please register on the ZIWC website until February 3rd/March 2nd or send a mail to Viviana Giovannozzi (bng@ziwc.ch)

Cost: This seminar is free of charge and is also open to non ZIWC members or women who are willing to join the club in the near future.

Please also contact Viviana to be added to the BNG Facebook and Whatsapp groups which are used to inform members of the details of each meeting.

Contact Details: Viviana Giovannozzi, bng@ziwc.ch

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Tel. +41 41 728 77 11
zugcommercial@engelvoelkers.com

February Lunch Club

Please join Heather Taylor for lunch on Schmutziger Donnerstag to celebrate the beginning of the carnival!

As in the last few years we will be getting together at the historic Restaurant Aklin next to the Zug clock tower. The restaurant is well known for its fresh and seasonal food.

The children's carnival parade starts right outside the restaurant at 14:30. Check out the colourful costumes and soak up the atmosphere!

Date and time: Thursday the 20th of February at 12:00 PM.

Where: Restaurant Aklin, Kolinplatz 10, Zug



Menu: We will order off the menu of the day. Prices are not yet set, but lunches at Aklin can run between 25 CHF to 50+ CHF.

Booking: Please register on the ZIWC website.

Booking Deadline: Monday 17th of February

Contact: For questions only please contact Heather Taylor, heathertaylor1@hotmail.com

The ZIWC cancellation policy applies.

February Monthly dinner

In February we will be going to one of my family's favorite places to eat at the Mexican Juanito's, by the lake. Their delicious and spicy food as well as their amazing cocktails are not to be missed!

When: Thursday, February 13th, 18:30

Where: Vorstadt 20, 6300 Zug (park at the parking opposite Seehof cinema)

Booking deadline: Please register on the ZIWC website until February 12th.



Contact: Valerie Gitter (079 763 46 06, vgitter@bluewin.ch) for questions only.

Menu: We will be choosing "à la carte" from their delicious Mexican dishes.

The ZIWC cancellation policy applies.

february 2020

Remember to check out our website www.ziwc.ch for up-to-date calendar, photos and membership news.

Have you joined our Facebook Group?
www.facebook.com/groups/zuginternationalwomensclub/

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
					01 Saturday
					02 Sunday
03	04 **09:00** Badminton **18:30** BNG **18:30** Bar & Lounge	05 **09:45** Morning Stammtisch **12:15** Lunchkino	06	07	08 Saturday
					09 Sunday
10	11 **09:00** Badminton	12 **09:45** Morning Stammtisch	13 **15:30** Italian Conversation **18:30** *Monthly Dinner*	14	15 Saturday
					16 Sunday
17	18 **09:00** Badminton	19 **09:45** Morning Stammtisch **12:15** Lunchkino	20 **09:45** Cham Coffee **12:00** *February Lunch Club* **13:15** *Escape to Zurich Flughafen*	21	22 Saturday
					23 Sunday
24	25 **09:00** Badminton	26 **09:45** Morning Stammtisch	27 **09:30** Walchwil Coffee **14:00** *Contact Coffee* **15:30** Italian Conversation	28	29 **19:00** *Spring Dinner Dance*

Interest Groups

Heather Taylor, Interest Groups Chairwoman:
manages and coordinates existing interest groups, facilitates the creation of new groups and promotes interest group activities to the membership.
interestgroups@ziwc.ch

"Participation in physical exercise or training activities is at your own risk.
It is the participant's responsibility to have personal and accidental insurance".

Health Promotion Talks

A monthly meeting for those who are interested in information about having a healthy lifestyle and developing healthy habits. We will not treat illnesses, but give information through guest speakers about how to prevent some of them.

Meeting details: We will meet once a month in different locations depending on our guest speaker. The meeting time is approximately 18:30.

Registration: please use WhatsApp or email Iryna Stampfli.

Contact Details: Iryna Stampfli, 079 304 58 08 or idrubkovska@gmail.com



Italian Wine tasting

Are you a fan of wine? Don't miss this opportunity! Join this group for a tasting tour through Italian wines. Group leader Lorella is a certified Sommelier.

Meeting Details: Membership in this group is limited, but please contact Lorella for space availability and meeting details.

Cost: CHF 10 per session for wine and savory snacks.

Contact Details: Lorella Benedetto, lorella.benedetto@libero.it

Lunch Kino WhatsApp Group

Are you interested in movies but your partner is not a movie person?
Are you looking for friends with whom you share your passion for movies?
Join this group!

How does Lunch Kino work?
We will meet from October to April at the Seehof cinema (Schmidgasse 8 in Zug) .
The cinema publishes a voucher every 2 weeks in the Zuger Woche (free of charge weekly newspaper). This voucher is for a new movie and is valid for 2 people with a special price of 10 CHF instead of 17 CHF.

Meeting Details: The movie is every second Wednesday at 12:15. From 11:30 it is possible to enjoy a light lunch at the cinema. Members need to have or share a voucher.

Contact details: Emilia Mini at Emilia.salvia@gmail.com or WhatsApp 078 733 12 68.



Book Reading Daytime

All women wishing to participate in book reading and discussion are very welcome to join us!

Meeting Details:
Once a month
at Ober Altstadt 10, Zug

Contact Details:
Antonia Latter, 076 386 00 05,
antonia.latter@bluewin.ch

Book Reading Evening

We will be discussing these books:

February: A Gentleman in Moscow by Amor Towles

March: The Fishermen by Chigozie Obiama

We will be meeting in member's homes the last Tuesday of the month (changed from Wednesday).

Contact Details:
Helena Lustenberger,
Helena.lustenberger@gmail.com

Knit and Natter

This is just the group for those interested in knitting and crochet. You will have fun, find encouragement, get professional advice, learn new ideas, and make new friends. People wishing to learn are very welcome.

Meeting Details: Once every three weeks at Ober Altstadt 10, Zug

Contact Details: Antonia Latter, 076 386 00 05, antonia.latter@bluewin.ch

Spotlight Events!

These are member organized experiences created for other members.

Exhibitions, movies, concerts, sightseeing, day trips and business presentations are examples of what a Spotlight Event may be.

Ski trips, wine tasting, cooking lessons, direct sales parties, the possibilities are endless!

Please get involved and think about organizing an event.

For additional guidelines and more information please contact Heather Taylor: interestgroups@ziwc.ch.

Last minute Outings WhatsApp Group

If you are interested receiving spontaneous invitations to various events, please join this group by texting Valerie.

This group communicates only by WhatsApp.

Contact Details:
Valerie Gitter at 079 763 4606

Potential New Interest Groups

ZIWC members have requested additional activities be offered by the Club, and we are now looking for volunteers to share their expert knowledge for the enrichment and fun of fellow members.

If any ZIWC member is willing to set up or lead any Interest Group, please contact Interest Groups Chairwoman Heather Taylor at interestgroups@ziwc.ch

Badminton

Badminton is a great way to have some exercise and fun at the same time! The badminton group plays every Tuesday morning.

New members are always welcome! Some previous experience is recommended.

Meeting Details:
Every Tuesday at 09:00 at Sports Zugerland,
Riedstrasse 1A, Cham. www.sports-zugerland.ch

Contact Details: Herma Smeele, smeele@bluewin.ch

Fitness Hiking

This is a sport fitness hiking group. The group walks with a speedy pace in the mountains around Zug. Please show up FIT for the hike. Every session will take around 2 hours.

The fitness hiking group is now full, however a waiting list is available. Please email Sarah if you would like to be placed on the waiting list.

Contact Details: Sarah Paul 0792799748, Paulfamily@bluewin.ch

We are also seeking a person willing to lead a second fitness hiking group.
Contact Details: Heather Taylor interestgroups@ziwc.ch



Social Walk

A weekly social walk for members who enjoy walking at a leisurely pace.

We walk on Monday afternoons at 13:30 for 7km/90 minutes (plus a coffee stop!). It is a great way to make new friends!

Contact Details: Kathryn Watson, Watson_760@hotmail.com

We are also seeking a person willing to lead a second social walking group.
Contact Details: Heather Taylor interestgroups@ziwc.ch

Conversation Groups

Italian Conversation

If you are a fan of Italy's food, wine, fashion, and culture, here is your chance to learn the nuances of its beautiful "singing" language. Emilia Mini and Cristina Rocco are native Italian speakers and are looking forward to welcoming new ladies!

Are you new to the Italian language or not so confident? From 15:30 we'll have a basic conversation. Do you want to keep on learning? Are your conversation skills a bit more advanced? Then join the group from 16:30.

Meeting Details: La Taverna Metalli Zug on the 2nd and 4th Thursday of the month, but always check the group calendar.

Contact Details: cristina@italianallegria.com

For beginners: Please contact Emilia at emilia.salvia@gmail.com before joining the class.

German Intermediate

This is an intermediate to advanced German conversation group led by Heidi, a German native speaker and teacher. This group is for those of you who have mastered the basics of the German language and now want to practice conversation. Members of this group must have mastered more than the basics of the language, they should be at least at level B1, however all are welcome to come and try it out.

Meeting Details: Second and fourth Friday of the month, 14:00-15:30 at Buchhandlung Balmer, Kaffeestübchen, Rigistrasse 3, 6300 Zug. Should be there any changes, Heidi will contact every member of the group in advance.

Contact Details: Heidi Helfenberger, 041 741 85 12, hhelfenberger@bluemail.ch

English Intermediate

Members of this group read an interesting article or story and discuss it in a friendly atmosphere. Native speaker Mandy Asimakopoulou, a Cambridge certified English teacher, leads this intermediate level group.

Contact Details: 0767612302 or Mandy.asimakopoulou@gmail.com

We are still looking for native speakers who would like to volunteer in leading any language conversation group at any level. Please contact Heather Taylor at interestgroups@ziwc.ch if you are interested.





The Events team are delighted to invite you to join us **for a Spring Dinner Dance.**

Date and time: Saturday 29 February 2020, 19.00-00.00

Where: Zunfthaus Kreuz, Artherstrasse 108, 6317 Oberwil. The restaurant & bar is located directly by the lake in Oberwil.

Dress Code: Party dress

Food & Beverages: Arrival Apero, 3 course dinner, wine & coffee.

Entertainment: Disco

Registration: Please register online indicating if you would like to have meat, fish or vegetarian main course.

Tables plan - table sizes vary from 6 – 8 persons. If you are booking a whole table please indicate the names of your guests at time of booking.

Costs: Early Bird offer, pay by 31 January for discounted price of CHF 60 per person member and their guest.

Non-members CHF 75 per person.

After 31 January, CHF 75 per person for everyone.

Payment: Please pay directly to Zug International Women`s Club, 6340 Baar,

IBAN CH40 0900 0000 1752 1935 3 referencing your payment with Name and Spring Dinner Dance.

Booking Deadline: Friday 21 February.

How to get there: From Zug Bahnhof take bus number 5 direction Walchwil. Get off at Bus Stop Oberwil Kreuz, the restaurant is directly next to the bus stop.

Parking: There is limited car parking at the venue for approximately 3 cars.

Contact: For questions only, Jan Livesey, annualevents@ziwc.ch ZIWC

The ZIWC cancellation policy applies.

March 2020

Remember to check out our website www.ziwc.ch for up-to-date calendar, photos and membership news.

Have you joined our Facebook Group?
www.facebook.com/groups/zuginternationalwomensclub/

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
					01 Sunday
02	03 **09:00** Badminton **18:30** BNG	04 **09:45** Morning Stammtisch **12.15** Lunch Kino	05 **09:00** ***Contact Coffee*** **15:30** Italian Conversation **18:00** ***Spotlight Event***	16	07 Saturday 08 Sunday
09	10 **09:00** Badminton **18:30** Bar & Lounge	11 **09:45** Morning Stammtisch	12 **07:30** ***Escape to Emmental*** **18:30** ***Monthly Dinner***	13	14 Saturday 15 Sunday
16	17 **09:00** Badminton	18 **09:45** Morning Stammtisch **12.15** Lunch Kino	19 **09:45** Cham Coffee **15:30** Italian Conversation	20	21 Saturday 22 Sunday
23	24 **09:00** Badminton	25 **09:45** Morning Stammtisch **10:30** ***Spring Charity Walk & Luncheon***	26 **09:30** Walchwil Coffee	27	28 Saturday 29 Sunday

GET IN Wolf ED



Look good · feel good

GET IN Wolf ED
by Intercoiffure Wolf
Reiffergässli 3 · 6300 Zug
Phone 041 711 18 83
wolf-coiffure.ch

Bar & Lounge March



Join us for an Apero after work or a long day. Meet up with other members and share your stories.

Meeting Details:
Tuesday March 10th

Please check the ZIWC website for registration and additional details!

Contact Details:
Ingela Stigemar,
dent_stigemar@bluewin.ch

The ZIWC cancellation policy applies.



Spring Charity Walk & Luncheon 2020

Please join us for the Annual Charity Spring Walk at Siehbachsaal.

You are welcome to have a brisk walk along the lake to the Old Town before lunch or you may also choose only to join for lunch.

Please register at 10.30 and lunch will be served at 12.00pm. There will be gifts for the fastest walker, most kilometers covered and the most delectable dessert.

Date: Wednesday 25th March 2020

Place: Siehbachsaal, Chamerstrasse 33, 6300 Zug

Contact: Jessy D Silva tel. 076 3620583
jdsilva20@hotmail.com

Cost: CHF 30.00 for Walk and Lunch

Booking deadline: Monday 10th March

The ZIWC cancellation policy applies.



March
Contact Coffee

Viviana Giovannozzi has very kindly offered to host March Contact coffee at her lovely apartment in Zug.

If you would like to attend, please register online and… do not forget to bring and wear the tag with your name.

When: Thursday, March 5th – 9.00 – 11.00

Where: Hofstrasse, 76 A - Zug

Space limits: 15

Booking Deadline: Saturday February 29th

Contact: Vivianagsa@yahoo.it

Direction and Parking: Trains S2 direction Oberwill, get off at Fridbach and then 3 minute walk up along Fridback until Hofstrasse.

Bus NFB3 (Direction Oberwil) get off at Salesianum and then 10 minute walk up along Fridbachstrasse until Hofstrasse.

Bus NFB 14 direction Gimenen get off at Roost and follow Hofstrasse. When you arrive at Hofstrasse, walk up until the end of the street (it is closed) and before the starting point of the walk path go downstairs (before the parking area). My flat is on the right of the lift.

Very limited parking spaces at the end of Hofstrasse, so carpooling, advised!

The ZIWC cancellation policy applies.



We have a **new club flyer!**



Ladies, thanks to the hard work of Viviana, we have a new club flyer.

The flyer is modern, bright and friendly. We have also resized the flyers to fit more easily into a handbag or pocket. Please take a couple of these flyers and give them to ladies who may be interested in joining the club. You can also leave one at your supermarket or favorite restaurant. We will make the flyers available at all upcoming events.

Thanks Vivi!



Combi-Steamer Cookery Course

05 March 2020
18:30 – 21:30, ZUGORAMA Zug

Register now
vzug.com/ch/en/demonstrations-after-buy

For more information
lisa.tschan@vzug.com

March

Monthly dinner

In March we will be going to the newly opened Henry's (same building as the Skylounge, by the Bosshard Arena, ex GG6). Their chef offers an international menu which is also very vegan/ vegetarian friendly. Their green and wooden decoration create a very modern and original atmosphere.

When: Thursday, March 12th, 18:30

Where: General-Guissan-Strasse 6, 6300 Zug, take bus 6 to "Stadion" bus stop, or just park under the Bosshard Arena or at the Herti center.

Booking deadline: Please register on the ZIWC website until March 11th.

Contact: Valerie Gitter (079 763 46 06, vgitter@bluewin.ch) for questions only.

Menu: We will be choosing "à la carte" from their international menu.

The ZIWC cancellation policy applies.



Escape to Morges Tulip Festival

This annual Tulip Festival celebrates the return of spring with 100,000 tulips in beds remarkable for their colour, in the 30,000m^2 of the Parc de l'Indépendance.

The festival takes place on the shores of Lake Geneva, between the Château de Morges and the river La Morges. The Parc de l'Indépendance offers a magnificent green setting and presents 50 varieties of trees such as impressive chestnut trees dating from 1750 or giant sequoias. It is only a few metres from the historic city centre, the landing stage, restaurants and shops.

We will travel by luxury coach to Morges with a morning coffee stop in Gruyere. There will be 4 hours in Morges to have a leisurely lunch and to visit both the Tulip festival and the quaint village.

The price of this tour is for the bus trip only.

Date and Time: April 16th meeting in Zug at 7:45 or Jonen at 8:30 (depending on numbers).

Where: Meet at train station at "kiss & ride" area

Departure: Bus leaves from Zug if greater than 15 attending!

Return: Around 19:30 in Zug

Dress code: Casual dress, comfortable shoes and rain protection if necessary.

Costs: CHF 30. The cost includes only the bus. Morning coffee and lunch must be paid individually.

Booking deadline: March 28th, 2020. You must register online to participate in this event. Payments to be made on the day (money in an envelope with your name on it).

Contacts: For questions or more information please contact Meri Müller-de Jong by email: vicepresident@ziwc.ch or phone 076 588 4721

The ZIWC cancellation policy applies.





Escape to Emmental

Escape with us to tour the lovely historical **Valley of the Emmental**

We will take a luxury coach from Zug railway station to our first stop in Trubenschachen where we will make a short visit to the Kambly Cookie factory. This will allow everyone to enjoy the free samples and to stock up on their cookie reserves. In the same village we will have our morning coffee/tea break at the beautiful Aebi Pottery shop where we will also be able to shop for authentic hand-crafted pottery souvenirs!

After morning tea we will drive on to Langnau to make a short visit to the regional museum Chüechlihus which tells the history of this old region. We will then have a leisurely lunch at the popular Baeren Restaurant.

In the afternoon we will visit the famous Affoltern show dairy where we will have a guided tour in their new "Kings Way" and see how cheese is made, history of the cheese and sample the local favorite. Shopping for locally made dairy products is also possible at the end. After the tour, we will return to Zug via the beautiful Sempachersee.

This tour allows IMCZ members to join after February 29th if there is place.

Date and Time: March 12th, meeting in Zug at 7:30

Where: At the train station's "kiss & ride" area

Departure: Bus leaves at 7:45 sharp!

Return: Around 18:15 in Zug

Dress code: Casual dress, comfortable shoes and rain protection if necessary.

Costs: CHF 40. The cost includes the bus, lunch and the tour of the dairy and museum. This is subsidized by the club!

Booking deadline: March 6th, 2020. You must register online to participate in this event. IMCZ register via an email to president@ziwc.ch after 1st March.

Payments to be made on the day (money in an envelope with your name on it).

Lunch: There are 3 lunch options to choose from. All include one beverage and one coffee!



Veg: Various vegetables with salt potatoes

Meat: "Geschnetzeltes" (pork) with mushroom cream sauce, peach and buttered noodles.

Fish: Zanderfilets (pike/perch) meuniere with spinach and salt potatoes

Contacts: For questions or more information please contact Meri Müller-de Jong by email: vicepresident@ziwc.ch or phone 076 588 4721

The ZIWC cancellation policy applies.



INSTITUT
MONTANA – My Place to Grow
ZUGERBERG

OPEN DAY

28th | MARCH 2020

- BILINGUAL ELEMENTARY SCHOOL
- BILINGUAL SECONDARY SCHOOL
- SWISS HIGH SCHOOL
- INTERNATIONAL SCHOOL
- SUMMER SESSIONS



Date:	Saturday, 28 March 2020
Time:	10:00 – 14:00
Location:	Schönfels 5, 6300 Zug

15 minutes from Zug City
1 hour from Zurich Airport

SCAN FOR A CHANCE TO WIN!

Scan or RSVP to our Open Day online at **montana-zug.ch/en/openday** to enter in our raffle and a chance to win a spot at one of our 2-week summer sessions for the value of 5,800 CHF amongst other prizes.

CIS WE ARE AN ACCREDITED SCHOOL

CAMBRIDGE International Examinations
Cambridge International School

Canton Zug - Department of Education and Culture

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