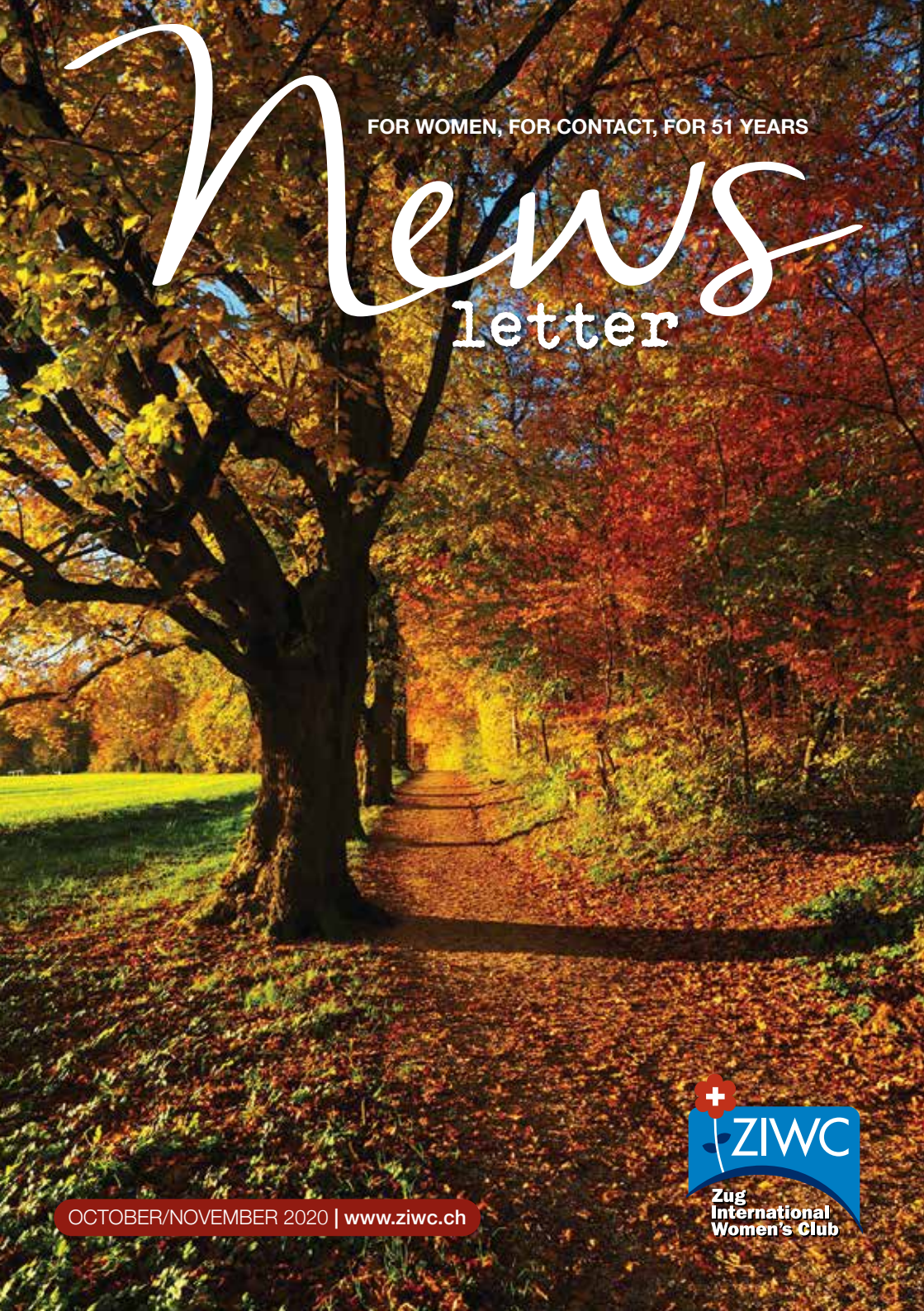

FOR WOMEN, FOR CONTACT, FOR 51 YEARS
News
letter
ZIWC
Zug
International
Women's Club
OCTOBER/NOVEMBER 2020 | www.ziwc.ch

indian majestic masala

INDIAN FINE CUISINE

22. - 24. OCTOBER 2020

ARTISAN BY AMAN

Our guest chef Aman ARTISAN BY AMAN guarantees exquisite Indian cuisine.

We are delighted to welcome Aman back for the fifth time to introduce our guests at the CU Restaurant to the wonders of Indian cuisine from 22nd to 24th October '20.

The culinary history of India is based on the use of fresh, natural products and healing herbs. The range of dishes is so varied from region to region that it is almost impossible to find such a variety of dishes anywhere else in the world.

Let Aman and the CU team take you on a culinary journey which you would otherwise only experience in India itself. Your taste buds are in for a multi-faceted experience.







Thursday, 22.10.2020
until Saturday, 24.10.2020
daily from 6 p.m.

- Welcome drink
- Selection of starters served at the table
- Main dishes served at the table
- Variation of desserts

CHF 89.00

CU RESTAURANT
Metallstrasse 20
CH-6302 Zug
041 727 44 54
info@cu-restaurant.ch

Further details you'll find at cu-restaurant.ch

CU
SEE YOU
RESTAURANT

Dear Friends,

Almost two years have passed since I stepped into the position of Hospitality Chairwoman.

At the beginning I was insecure and unsure of myself, but as I facilitated events and saw how important it is for new members who move to Zug to meet new friends, I realized how lucky I am.

Every week I have the opportunity to meet new members from different countries. Every week I listen to their personal stories, different traditions and interesting habits. Every week I am enriched as I learn something new from them and share lots of laughs, interesting conversations and tips. And I know this is also the case for the rest of our membership.

It is always a pleasure to welcome newcomers, to introduce them to existing members and help them to integrate in the club. Last year, we welcomed about 65 new members and hosted several ladies who were interested in the club. Even in this weird 2020 (from January to August), 38 new ladies joined the club. Together with Karin, Monika, Sarah and now Denise (the Hospitality team) we are doing a great job. I am proud of you, girls!

I'm so thrilled that some of our new members are so enthusiastic to become immediately active by offering to host a contact coffee, joining me on the Hospitality Team and participating in other activities. Thank you, ladies!

This is the spirit of our club: to connect people, to welcome new members, to share experiences, friendship, opportunities and to understand that we are, even in tough times, a strong, united community of brilliant, enthusiastic and curious women.



Warm regards

Emilia Mini
Hospitality Chairwoman 2020-2021

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New Members

Katalin Jaszberenyi-Szabo, Membership Chairwoman
responds to membership enquiries, updates member profiles, sends out information packs, compiles the annual Membership Directory and writes up the membership news for the newsletter. **membership@ziwc.ch**

We warmly welcome our new members (joined in June, July and August 202)

Started	Last Name	First Name	Location
15.06.2020	Madsen-Oesterbye	Natalie	Cham
18.06.2020	Schommer	Ananda	Zug
22.06.2020	Pontifex Griffin	Leticia	Zug
24.06.2020	Shawi	Svetlana	Zug
26.06.2020	Marti	Karin	Zug
29.06.2020	Gudmundsdottir	Thordis	Cham
06.07.2020	Loras	Eugenia	Zug
20.07.2020	Dardenne	Rima	Zug
20.07.2020	Haddaji	Alexandra	Zug
13.08.2020	Domin	Susanne	Baar
20.08.2020	Vachon	Vanessa	Zug
19.08.2020	Moses	Emery	Baar
18.08.2020	Patru	Alexandra	Zug
27.08.2020	Jumadillayeva	Meruyert	Walchwill
27.08.2020	Shetty	Reika	Zug
27.08.2020	Pascua-Volejnicek	Lilia	Oberarth
28.08.2020	Chedel Konig	Hilda	Meggen

For details of their addresses, please consult the on-line Membership Directory.

The ZIWC wants to work with YOU!

The club is looking to hire service providers for our events, so promote your business on our Facebook page to let us know what you do. And who knows, you might even find some new clients amongst the membership.

Please consult the rules for Facebook posts on the club website or call Viviana at 076 297 66 77 for more details.



The ZIWC is pleased to present:

A Día de los Muertos Celebration!

Originating several thousand years ago with the Aztec, Toltec and Nahua peoples in Mexico, The Day of the Dead is a loving celebration of those who have come before us. The colorful flowers, costumes, ornaments and food involved in this celebration strengthen our bonds with our ancestors and help us celebrate the autumn season.

So, join us for a night of Mexican colors, food, drinks, dancing and more as we bring you a little piece of Mexico's most beloved holiday.

When: 31st October 2020 from 7.30 pm

Where: Siehbachsaal, Chamerstrasse 33, 6300, Zug

Cost: Full Year/New Members 50 CHF Returning Members 60 CHF, Guest 70 CHF, VIP TICKET Includes a personal make-up artist 100 CHF

Early Bird Discount: -5 CHF if registered by October 15th

Payment: Zug International Women's Club, Post Finance, 6340 Baar.
A/C No 17-521935-3,
IBAN CH40 0900 0000 1752 1935 3

Dress code: We encourage you to come dressed as a skeleton wearing a colorful headdress and dressed in bright clothing (like in the photo), but any fun and colorful Halloween outfit will do.

Food & Beverages: Arrival Halloween Cocktail (sponsored by ZIWC), beers, wine, soft drinks & water. A Tex-Mex Halloween buffet dinner and Halloween sweet treats.

Entertainment: Disco & more...

Registration: Please register online

Booking Deadline: Early Bird: October 15th 2020; Standard: 24th October 2020

How to get there: Bus number 7 (Bus stop: Schutzengel) departs from outside Metalli and takes 7 minutes.

Walking time from Zug Bahnhof 10 minutes approximately.

Car parking in public car park in front of Hafen Restaurant.

If you have questions, kindly no phone calls; please send an email to annualevents@ziwc.ch and we'll answer ASAP

The ZIWC cancellation policy applies.



At home is, where life learns to dance.

www.engelvoelkers.com/zug

E&V Zug Properties AG, Neugasse 15, 6300 Zug
Phone +41 41 728 77 11, zug@engelvoelkers.com

ENGEL&VÖLKERS

IMCZ Summer Party Report



The IMCZ's much-anticipated Summer Party took place outside the Siehbach Saal in Zug.

The event was well-attended by many ladies from the ZIWC who enjoyed Afro-Caribbean fusion food and cocktails, colourfully-decorated tables and sun umbrellas.

Among the attractions were a Djémbe drum workshop, Nigerian-flavoured stories and a quiz. The raffle raised over CHF300 for our Charity, FRW Interkultureller Dialog, and many ladies won delightful prizes. We look forward to more joint events with the IMCZ in the future.

Bar&Lounge

Join us for an Apero after work or a long day.
Meet up with other members and share your stories.

Due to COVID 19 restrictions, please check the ZIWC website for registration and additional details.

Contact Details:
Ingela Stigemar, dent_stigemar@bluewin.ch

The ZIWC cancellation policy applies.



Newsletter Chairwoman
Mical Lewis
newsletter@ziwc.ch

Website Chairwoman
Leila Narhinen
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Graphic Design
Karin Dienemann
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Zug International Women's Club, 6300 Zug,
www.ziwc.ch

Advertising Chairwoman
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Newsletter Mail-out
Team Newsletter

Printers
Onlineprinters GmbH
www.onlineprinters.ch

Payments to the Club should be made to:
Zug International Women's Club, 6340 Baar
IBAN: CH40 0900 0000 1752 1935 3

The Club's cancellation policy is applicable to all events that involve a reservation and a monetary payment. Unless otherwise specified, the cancellation deadline is the booking deadline. A member who cancels her participation in an event, after the cancellation deadline, is required to pay the full participation fee of the event. The Club is not responsible for any loss or injury suffered during the course of activities or events.

Hospitality

Emilia Mini, Hospitality Chairwoman
organises regular social events and welcomes new club members and provides information related to the club activities to potential members.
078 733 12 68 | hospitality@ziwc.ch

Morning Stammtisch

Every Wednesday the Club has a morning Stammtisch in the garden of the City Garden Hotel (or inside the lobby in case of bad weather). Come for a chat, meet friends and make new ones. This is also an ideal time for new members to meet other Club members. Before coming for the first time, please get in touch with one of the hostesses.

When: Every Wednesday, except public holidays, from 9.30-13.00
Where: The Garden of the City Garden Hotel in a special area reserved exclusively for the ZIWC. In case of bad weather, we will move to the lobby.
City Garden Hotel – Metallstrasse 20, 6302 Zug
Parking: There are a few slots free of charge in front of the City Garden Hotel and there is also a big parking area behind it (on the right). Parking is free of charge for restaurant guests and members must validate their ticket at reception.
Contact: Emilia Mini, 078 733 12 68, hospitality@ziwc.ch
Karin Resch, +43 664 421 27 75, karin-resch@bluewin.ch
Monika Zeis, 079 899 85 80, monika_zeis_77@hotmail.com
Denise Ouellet, 076 434 18 45, denise.ouellet.ca@icloud.com

Cham Coffee

Karin has created a WhatsApp group to keep members informed about attendance. Check WhatsApp or email her if you are attending. If you live in the Cham area (Hünenberg, Knonau, …) and are interested in joining the coffee, call Karin to be added to the group.

When: Third Thursday of the month, 9.45 – 11.45
Where: Café Plaza, Kirchbühl 5, 6330 Cham
Contact: Karin Resch, +43 664 421 27 75, karin-resch@bluewin.ch
Dates: 22/10 and 19/11

Walchwil Coffee

Why not come and join us for a cup of tea or coffee and a friendly chat? All ZIWC members are welcome.

When: Last Thursday of the month, 09:30-11:00
Where: Riviera Café, (opposite the church), Dorfstrasse 19, Walchwil
Contact: Sarah Paul, 079 279 97 48, paulfamily@bluewin.ch
Dates: 29/10 and 26/11

Contact Coffee Morning



October

My Phuong Lecocq has kindly offered to host a Contact coffee at her flat in Zug. Please register online if you would like to attend and do not forget to wear your name tag.

When: Thursday, 1st October, 10:00 to 12:00
Where: Park Tower, Gubelstrasse 24, Flat 5C, 6300 Zug
Space limit: 10 people
Booking Deadline: Wednesday, 30th September. Please register online or call Emilia at 078 733 12 68.
Contact: alexminh@aol.com
Directions and Parking: Park Tower is situated next to the main station and so is very convenient for train or bus transport.
Paid parking is also available at the station.
Please note: The building has security so you will need to buzz "Lecocq" or flat 5C to gain access to the building and floor.

November

Diane Price is really excited to welcome old and new members to her apartment in Zug. As a new member, Diane is looking forward to meeting other members of the group.

If you would like to attend, please register online and don't forget to wear your name tag as this will make it easier for new members to remember your name!
When: November 17th from 10-12 noon
Where: Edenpark, Hasenbuelweg 20, 1st floor, 6300 Zug
Space limit: 12 people
Booking Deadline: November 16th. Please register online or call Emilia at 078 733 12 68.
Contact: For questions please email Diane Price at pricefamily1@aol.com or call her at 079 192 75 35
Directions: Parking is available outside Edenpark or take the number 14 bus and get off at Hasenbuelweg.

… ANNOUNCEMENT …

The ZIWC is delighted to welcome Aaron Samuel, born on July 3rd.
Our congratulations and best wishes to Irina and her husband on the birth of their beautiful baby boy!

October
Lunch Club

Please join Tracey Stansfield at the Cafe Haug in the historical centre of Schwyz for our October Lunch Club. After lunch you will have the option to visit the 13th century "Haus Bethlehem" or one of the two museums in Schwyz

When: Thursday, 22nd October at 12:15

Where: Cafe Haug, Am Postplatz 4, CH-6430 Schwyz, https://cafehaug.ch

Booking: Please register on the ZIWC website.

Booking deadline: Sunday, 18th October, 2020, please, early registration is greatly appreciated :-)

Contact: Tracey Stansfield, stanstch@gmail.com or 079 862 0165, for questions only, please.

Directions: There is a direct bus (Number 71) from Zug Bahnhofplatz at 11.32 to Schwyz



Post or you can take a train from Zug via Rotkreuz and bus number 1 from the station. If coming by car there is parking in the Hofstatt car park or the main square, both a two-minute walk to the restaurant. Tracey will meet you at Schwyz Post outside of the Kantonal Bank at 12:10 and you will walk one minute together to the restaurant

Menu: We will choose from the set lunch menu, usually with four choices: Meat, Fish, Vegetarian and a daily special including soup or salad to start. For dessert you can choose from the fantastic selection of homemade cakes and pastries.

Cost: Between CHF 18.00- CHF 35.00

Please note: Dessert and Beverages are not included.

The ZIWC cancellation policy applies.

October
Monthly dinner

The October dinner will take place at the Tisch & Bar restaurant which is always beautifully decorated as a Swiss chalet.

When: Wednesday, 21st October at 18:30

Where: Tisch & Bar restaurant, Holzhäusernstrasse 4, 6343 Risch/Rotkreuz

Booking deadline: Please register on the ZIWC website or call Valerie at 079 763 46 06 by October 20th.

Contact: Valerie Gitter (079 763 46 06, vgitter@bluewin.ch) for questions only.

Menu: We will be choosing "à la carte" from their delicious menu

Parking: is available by the restaurant or 50m away on the main street that goes towards Cham.

The ZIWC cancellation policy applies.



Business Networking Group

The group focuses on women who are interested in business topics, who are working, managing their company, intending to start up a new company, or are changing their working life. This group shares knowledge, experiences, information, ideas and techniques. The program includes speeches, brainstorm sessions, workshops and coaching sessions. This group meets once a month in the evening, and it is usually followed by an informal drink.



"Did you know you are living in the Crypto Valley? But what is Cryptocurrency and why should you care?"

by Allison Fromm

Allison will talk about cryptocurrency and will provide easy-to-understand non-technical information. The presentation will explore the development and popularisation of Bitcoin, the rise of the 2nd and 3rd generations of cryptocurrencies and will explain the potential impacts on the world's financial systems. Allison will also describe how cryptocurrency could dramatically reshape the way ordinary people use and think about money.

Allison was a Senior Vice President and Corporate Banker at one of the largest banks in the US before moving to Zug in December. She has been following Bitcoin since 2013 and when the media's attention focused on Bitcoin in 2017, she developed an expertise in educating her banking clients. After moving to Switzerland, she worked in a cryptocurrency startup launching a financial trading platform.

Date of the Event: Tuesday, 27th October 2020, 18:30-20:30

Meeting Place: Dachraum, Zug Bibliothek 5th Floor, (doors close at 7pm, so be on time).

Booking Deadline: Please register on the ZIWC website or ZIWC App or send an e-mail to Viviana (bng@ziwc.ch).

Cost: These seminars are free of charge and are also open to IMCZ members, non ZIWC members, and women who are willing to join the Club in the near future.

Contact Details: Viviana Giovannozzi, bng@ziwc.ch

Please also contact Viviana to be added to the BNG Facebook and WhatsApp Groups, which are used to inform members of the details of each meeting.

October 2020

Remember to check out our website www.ziwc.ch for up-to-date calendar, photos and membership news.

Have you joined our Facebook Group?
www.facebook.com/groups/zuginternationalwomensclub/

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
			01 10:00 Contact Coffee	02	03 Saturday 04 Sunday
05	06 09:00 Badminton	07 09:30 Morning Stammtisch	08	09	10 Saturday 11 Sunday
12	13 09:00 Badminton 09:15 Accountability Tuesday	14 09:30 Morning Stammtisch 14:00 Gardening Group	15 09:45 Cham Coffee 14:00 Italian Beginners 15:00 Italian Conversation	16	17 Saturday 18 Sunday
19	20 09:00 Badminton	21 09:30 Morning Stammtisch 12:15 Lunch Kino 18:30 Monthly Dinner	22 13:30 **Escape to Aeschbach Chocolate Factory**	23	24 Saturday 25 Sunday
26	27 09:00 Badminton 09:15 Accountability Tuesday 18:30 BNG	28 09:30 Morning Stammtisch	29 09:30 Walchwil Coffee 14:00 Italian Beginners 15:00 Italian Conversation	30 19:30 **Día de los Muertos Celebration**	

November Lunch Club

Please join Vivi Jensen at the historic Gasthaus Rathauskeller in the Altstadt for our November Lunch Club.

When: Tuesday, 10th November at 12:00

Where: Gasthaus Ratkauskeller, Ober Altstadt 1, 6301 Zug

https://rathauskeller.ch/de/content/83/53/restaurants/gasthaus

Booking: Please register on the ZIWC website or call Karin at 041 750 40 30

Booking deadline: Saturday, 7th of November, 2020, please, early registration is greatly appreciated :-)

Contact: Vivi Jensen, v.jensen@datazug.ch, for questions only, please.



Directions: Old Town Zug District, Restaurant is situated in the heart of the Altstadt, Ober Altstadt 1, in the historic Old Town of Zug.

Menu: There will be a set starter and a choice between Meat, Fish and Vegan main dishes.

Cost: Between CHF 25.00- CHF 30.00 Please note: Dessert and Beverages are not included.

The ZIWC cancellation policy applies.



We **love** what we do.

intercoiffure iten

Hauptstr. 23, 6315 Oberägeri, Tel. 041 750 18 42. intercoiffureiten.ch

Are you ready for the ZIWC's Naked Lady Party?



Have we caught your attention? Good, because this Autumn will see the ZIWC planning a charity fundraising "Naked Lady Party" in support of FRW, and don't worry, you will be able to keep your clothes on!

What exactly is a Naked Lady Party?

A Naked Lady Party is a fun, practical, and eco- friendly way to raise money for charity and to clear out your wardrobe at the same time. Basically, it is a clothes swapping event where you donate your pre-loved clothes that you are bored with and come and take your pick of what others have donated. All we ask, is that for anything that you take away, you make a donation to the charity. It's that simple.

What can I do to get involved?

We are planning to hold the event towards the end of October, and once the date and final logistics are confirmed, we will communicate all of the details. We are hoping to have a couple of professional stylists available at the event too, and they will be on hand to help you find items and outfits to make you look even more gorgeous than you do already.

You can start planing for the event now by taking an honest look through your clothes and identifiying those items that you're either bored of, or that don't fit you any more, or that were a late night online purchase that you now regret. And start telling your girlfriends – the more the merrier.

Watch this space – we'll be in touch soon will all the details.

Many thanks

The Naked Lady Party Organising Team

For questions, contact Natalie at shoe.shrimp@yahoo.co.uk

Business Networking Group

Please contact Fernanda Sayavedra to be added to the **BNG Facebook and WhatsApp Groups**, which are used to inform members of the details of each meeting.

Turning a Blog into a Business

by Tanya Deans

Thousands of people start a blog every year, but very few are able to earn money with one. What makes the difference?

From her experience growing her small travel blog into a paid hobby, Tanya will share tips on starting a new blog, finding your niche, growing a social media following, pitching brands, and many other topics about developing a successful blog. These techniques apply whether you aspire to be a full-time blogger or are using these channels to grow your business.

Tanya Deans is the founder & editor of SwissFamilyFun.com and a free-lance web designer. In 2005, Tanya moved from San Francisco to Zürich for her husband's work, leaving behind her career in software product management and UX design. Soon after moving, she started a travel blog to share family-friendly hikes and other activities in Switzerland with the English-speaking community.

This small passion project has grown into over 60,000 monthly visitors and a loyal and engaged following on social media. It has ultimately allowed her to monetize this project through advertising, sponsored posts and social media influencing, partnering with tourism boards, hotels, museums, and relevant brands.

With her background in software development and experience building and maintaining her website, she recently started her own web design business, building affordable websites for entrepreneurs and small businesses, as well as coaching for blog and social media content creators.

Date of the Event: Thursday, 19 November 2020, 18:30-20:30

Meeting Place: Dachraum, Zug Bibliothek 5th Floor, (doors close at 7pm, so be on time).

Booking Deadline: Please register on the ZIWC website, ZIWC App, or send an e-mail to Fernanda Sayavedra (bng@ziwc.ch).

Cost: These seminars are free of charge and are also open to IMCZ members, non ZIWC members, and women who are willing to join the Club in the near future.

Contact Details: Fernanda Sayavedra (bng@ziwc.ch)



Escape Aeschbach Chocoloate Factory



Would you like to delve a little deeper into the world of Chocolate? Then join us for a tour of the Aeschbach Chocolate Factory.

We will be given a guided tour of their manufacturing facilities where we will experience the unique ChocoWorld exhibition through our senses and learn the history of chocolate accompained by one of their Chocolatiers. After exploring the ChocoWorld, we will have the opportunity to enjoy an afternoon tea or coffee in the ChocoCafe.

Date & Time: Thursday, October 22nd, 14:30

Where: Zug Bahnhof

Departure: 13:36 with the S1 to Root D4, arrival at 13:54

Tour begins: 14:30

Return: 17:02 S1 direction Baar, arrival in Zug at 17:21

Costs: CHF 29 per person.

For an additional CHF 10 per person you will have the opportunity to make your own chocolate bar (can be paid on site).

Transportation cost: Covered by members. One way ticket with Halbtax is CHF 3.40.

Payment: Please pay electronically to our bank account A/C No 17-521935-3 IBAN CH40 0900 0000 1752 1935 3 and report your name and activity.

Booking deadline: October 15th

Contact: For questions or more information please contact Amy Egger by email at escape@ziwc.ch or by phone at 076 761 91 35.

Please register: Via the ZIWC website or call Amy at 076 761 91 35

The ZIWC cancellation policy applies.



November

Monthly dinner

The November dinner will take place at CAPRA in Cham. You can walk from the train station of Cham to the restaurant. Capra has delicious hamburgers and salads, as well as other seasonal, informal menus.

When: Thursday, November 5th at 18:00

Where: Restaurant CAPRA, Sinserstrasse 8, 6330 Cham

Booking deadline: Please register on the ZIWC website or call Valerie at 079 763 46 06 by November 4th.



Contact: Valerie Gitter (079 763 46 06, vgitter@bluewin.ch) for questions only

Menu: We will be choosing "à la carte" from their informal menu .

The ZIWC cancellation policy applies.





Escape

Make Your Own Christmas Wreath

Escape into the most festive time of year by making your own Christmas wreath! Brigitte will teach us the art of wreath-making and decorating so that whether your creation goes on your front door or on your table, it's sure to be a stunner. Bring your own scissors and start the Holiday Season off with a creative kick.

When: 13th November from 14:00 to 16.30

Where: Erlimatt 1 6315 Oberägeri Zug

How much: Materials used will be charged at cost so please bring cash:

- Full Year/New Members 50 chf
- Returning Members 60 chf
(Lapsed members returning after 1st Oct)
- Guests 70 chf

Number of Places: Max 8 people (The first 8 who register)

Registration: Please register online or call Amy at 076 761 91 35

Payment: Please bring an envelope clearly marked with your name containing your exact payment in cash.

Booking Deadline: 6th November 2020

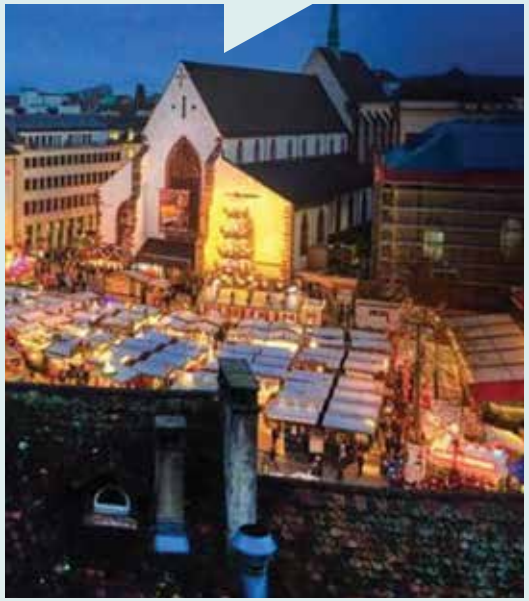
How to get there: Car-pooling will be organized among participants

Contact: For questions or more information please contact Cristina Rocco by email at president@ziwc.ch or call 079 444 40 56

CV19 updates: In case of a change in CV19 safety rules, the club will reschedule or refund members.

The ZIWC cancellation policy applies.

... Save the Date ...



Basel Christmas Market

Thursday, December 3rd

The Basel Christmas Market is one of the prettiest and largest in Switzerland and well worth visiting.

The two sections are located in the center of the city and in the heart of the festively decorated Old Town. With over 160 traders and artisans expected to be offering their goods for sale in small, rustic wooden chalets, there promises to be something for everyone. More details to follow.

For questions or more information please contact Amy Egger by email at escape@ziwc.ch or by phone at 076 761 91 35.

Englisch Afternoon Tea



14.30 – 16.00 Samstag / Sonntag ausser (Juli & August)

Englisch Afternoon Tea: CHF 36.00 pro Person

Englisch Afternoon Tea: CHF 48.00 inkl. Glas Champagner

Restaurant Seefeld beim Seminarhotel +41 41 754 61 61
Seestrasse 10, CH-6314 Unterägeri Sha@seminarhotelagerisee.ch

SEMINARHOTEL AM ÄGERISEE

Süss und salzig

Zum frisch aufgebrühten Tee servieren wir süss und salzig: Sandwiches, Avocado, Bio Ei, Ägeri Käse, Landschinken, schott-ischer Rauchlachs, Scones mit Erdbeer-konfitüre, kleine Patisserie, Shortbread, Mandeltarte, Obsttarte



The Annual Events Team is delighted to invite you to our Great Gatsby Gala Ball!

Dig out your fringed dresses, longest necklaces and put a feather in your hair because it's going to be a breathless night 1920s-style dancing and fun at the Theater Casino in Zug.

When: Saturday 28th November 18.30 – 23.30
Where: Theatre Casino, Artherstrasse 2-4, 6300, Zug

How much: Full Year/New Members 120 CHF
Returning Members - IMCZ members 150 CHF
Guests 160 CHF

Early Bird Discount: -5 CHF if paid by October 15th.

Dress code: Fabulous 1920s Formal Attire à la Great Gatsby

Menu: International-themed Apéro and Buffet dinner

Special Diets: For any other special dietary requirements, please send an email to annualevents@ziwc.ch

Drinks: Two bottles of red wine and one bottle of white wine per table are included and carafes of still water. There will be coffee and tea with dessert. Any other drinks can be ordered and paid for at your table. A full cash bar will be available after dinner

Entertainment: Disco & more…

Registration: Please register online. Please book in advance and let us know with whom you would like to be seated (each table can seat 8-10 people). Ladies-only tables are also available on request.

Booking Deadline: 24th October 2020
Payment Must be made by October 15th for Early Bird Discount

Zug International Women's Club, Post Finance, 6340 Baar.
A/C No 17-521935-3,
IBAN CH40 0900 0000 1752 1935 3

Please state "Gatsby Ball" and the names of your guests on the payment

How to get there: Bus Number 5 departs every 30 minutes from Zug Bahnhof and stops right outside the Casino.

Alternatively take the train from Zug Bahnhof and get off at Zug Casino, it is a short walk downhill from the station to the Casino.

The nearest car parking is Frauensteinmatt Parkhaus, Frauensteinmatt 4, Zug 6300.

Contact: If you have questions, kindly no phone calls; please send a mail to annualevents@ziwc.ch and we'll answer asap

The ZIWC cancellation policy applies.

November 2020

Remember to check out our website www.ziwc.ch for up-to-date calendar, photos and membership news.

Have you joined our Facebook Group?
www.facebook.com/groups/zuginternationalwomensclub/

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
					01 Sunday
02	03 09:00 Badminton	04 09:30 Morning Stammtisch 12:15 Lunch Kino	05 18:00 Monthly Dinner	06	07 Saturday 08 Sunday
09	10 09:00 Badminton 09:15 Accountability Tuesday 12:00 Monthly Lunch 14:00 Gardening Group	11 09:30 Morning Stammtisch	12 14:00 Italian Beginners 15:00 Italian Conversation	13 14:00 **Escape to Make Your Own Xmas Wreath**	14 Saturday 15 Sunday
16	17 09:00 Badminton 10:00 Contact Coffee	18 09:30 Morning Stammtisch 12:15 Lunch Kino	19 09:45 Cham Coffee 18:30 BNG	20	21 Saturday 22 Sunday
23	24 09:00 Badminton 09:15 Accountability Tuesday 17:00 **Escape to Schaefli Salmon Smoke House**	25 09:30 Morning Stammtisch	26 09:30 Walchwil Coffee 14:00 Italian Beginners 15:00 Italian Conversation	27	28 18:30 **Great Gatsby Gala Ball** 29 Sunday
30					

Interest Groups

Anastasia Tziapoura, the Interest Group Chairwoman:
manages and coordinates existing interest groups, facilitates the creation of new groups, and promotes interest group activities to the membership.
interestgroups@ziwc.ch

"Participation in physical exercise or training activities is at your own risk. It is the participant's responsibility to have personal and accidental insurance".

NEW

Cooking Group

Diane Price and her family have recently relocated to Zug from Singapore after living there for 7 years. She is married with 3 daughters, 2 grandsons and a granddaughter due in early October!

"Whilst in Singapore I was part of a cooking group which I really enjoyed. I found it fascinating to learn and try recipes from the other group members' home countries and then share the delicious food with them. We had such fun together as a group that we often met up outside of our cooking sessions for a coffee or another activity. I would love to be able help set up a similar group here in Zug. Here is a brief description of how the group will work. We are aiming for a group of 6 members which will make it not so many to cook for and easier to be more sociable.

The group will initially meet to get to know each other and discuss as to what they are interested in cooking. In the beginning the group will meet on a Thursday once a month and in due course we could even have the meetings every 2nd week or even have additional evening or weekend sessions.

If it is your turn to host the group, you normally arrange to meet at around 10 am for a coffee before the session starts. You will have planned what you are going to cook and provide copies of the recipe(s) to the group members. You can prepare anything from a main course, baking item or even a 3-course meal!

The beauty of these groups is the flexibility - cook whatever you want. No pressure on anybody or expectations - even a salad is fine. You really do not need to be a great cook to host a session - I am certainly not!

The idea is to get new recipe ideas and meet up with people to share the food. If you get different nationalities in a group, it's really nice if they prepare something from their own countries."

Meeting details: on Thursdays at 10.00

Contact details: Diane Price, pricefamily1@aol.com, 079 192 75 35

Registration: Please register in the group by e-mail or WhatsApp

Tennis Interest Group Leader Wanted!

The Tennis Interest Group is looking for a new leader to re - organize its activities. Many ladies in our club love playing tennis so if you are interested in leading the Group, please contact **Maren Schawalder-Siems for more details at 041-711-76-74.**

NEW

Accountability Tuesdays Group

Do you work alone in your business or at home and would like the support of virtual colleagues to keep you focused?

Then join our Accountability Tuesdays Group. At the beginning of the session everyone shares the tasks that they will work on. We work in 25-minute sprints with a 5-minute check-in and stretch break at the end of each sprint. This group is suitable for members who seek the accountability that comes from committing to a fixed time to get their work of preference done in a group setting. Members who work in an office environment on solitary tasks are also welcome to join.

Participants: Members who want to dedicate time to get concentration-intensive work done. This can be work for their business/job, coursework, or personal work such as paying bills, doing taxes, etc. It is not suitable for women who are doing housework, gardening, or similar work.

Meeting Details: We meet twice a month on the 2nd & 4th Tuesdays of the month. We start at 9:15 and continue for 2 hours. The time can be adjusted accordingly, and members may join and leave as they wish.

The dates for October are Tuesday the 13th and 27th.

The dates for November are Tuesday the 10th and 24th.

Always check for the assigned dates on the Club website Calendar.

Location: A Zoom Repeating link will be uploaded and advertised on the Club website and Facebook page.

Contact details: Ingrid Slembek at slembek@acm.org

NEW

Gardening Group

Grow your own!! Learn how to grow your own vegetables in an easy way on your balcony or terrace. You will learn all about how to plan, sow, grow and harvest.

Growing up in her mom's kitchen and garden, Émely calls herself a foodie by birth. Her two biggest passions are cooking and growing her own herbs and vegetables. Since her recovery from cancer she has dedicated her terrace to growing her own vegetables and loves to share her passion, knowledge, and expertise with you.

You do not need "green fingers" because this group is for everybody passionate about food, vegetables, and herbs from the beginner to the seasoned gardener.

Meeting details: Tuesday afternoon 14.00 – 16.00 in Émely's garden in Baar.

Dates of Group: Wednesday, 14th October (exceptionally this once) Tuesday, 10th November

Address: Früebergstrasse 20, Baar

Contact details: Émely Steegstra-Hendrix, emelyziwc@gmail.com, 077 490 73 74

Registration: please per e-mail or WhatsApp, stating which group they want to attend

Note that after November the activities of the group will stop and restart again in February.

Fitness Hiking

The Group now has free spaces available. Please email Amy Egge if you would like to participate!

This is a sport fitness hiking group. The group walks at a speedy

pace in the mountains around Zug. Please show up FIT for the hike.

Every session will take around 2 hours.

Contact Details: Amy Egger at 076 761 91 35, Amyegger@me.com

Book Reading Evening

We will be discussing these books:

October 27th:
"Underland"
by Robert Macfarlane

December 1st:
"The Testaments"
by Margaret Atwood

Meetings are held at members' homes.

Contact Details:
Helena Lustenberger,
Helena.lustenberger@gmail.com



Connecting and Volunteering

Keen to help shape the society you live in? Looking for an opportunity to connect and integrate with the community around you?

Then contact Heike Haiberger who will support you in finding ways for you to volunteer within local organizations.

Together you can explore which opportunities can be realized depending on personal skills and talents as well as language abilities. Enrich your life and that of others by volunteering!

Contact Details:
Heike Haiberger,
haiserra@databaar.ch
079 862 11 02

Spotlight Events!

Spotlight Events are member organized experiences created for other members. Exhibitions, movies, concerts, sightseeing, day trips and business presentations are examples of what a Spotlight Event may be. Ski trips, wine tasting, cooking lessons, direct sales parties, the possibilities are endless! Please get involved and think about organizing an event.

For additional guidelines and more information please contact Anastasia Tziapoura, interestgroups@ziwc.ch

Lunch Kino WhatsApp Group

Are you interested in movies but your partner is not a movie person? Are you looking for friends with whom you share your passion for movies?

How does Lunch Kino work?
We will meet from October to April at the Seehof cinema (Schmidgasse 8 in Zug). The cinema publishes a voucher every 2 weeks in the Zuger Woche (free of charge weekly newspaper).

This voucher is for a new movie and is valid for 2 people with a special price of 10 CHF instead of 17 CHF.

Meeting Details:
The movie is every second Wednesday at 12:15. From 11:30 it is possible to enjoy a light lunch at the cinema. Members need to have or share a voucher.

Contact details:
Emilia Mini at Emilia.salvia@gmail.com or WhatsApp 078 733 12 68.

Last Minute Outings Group

If you are interested in receiving spontaneous invitations to various events, please join this group by texting Valerie.

This group communicates only by WhatsApp.

Contact Details:
Valerie Gitter at 079 763 4606

Book Reading Daytime

All women wishing to participate in book reading and discussion are very welcome to join us!

Meeting Details:
Once a month at
Ober Altstadt 10, Zug

Contact Details:
Antonia Latter, 076 386 00 05,
antonia.latter@bluewin.ch

Italian Wine tasting

Are you a fan of wine? Don't miss this opportunity! Join this group for a tasting tour through Italian wines.

Group leader Lorella is a certified Sommelier. Membership in this group is limited, but please contact Lorella for space availability and meeting details.

Cost: CHF 10 per session for wine and savory snacks.

Contact Details: Lorella Benedetto, lorella.benedetto@libero.it

Knit and Natter

This is just the group for those interested in knitting and crochet.

You will have fun, find encouragement, get professional advice, learn new ideas, and make new friends. People wishing to learn are very welcome.

Meeting Details: Once every three weeks at Ober Altstadt 10, Zug

Contact Details: Antonia Latter, 076 386 00 05, antonia.latter@bluewin.ch

Potential New Interest Groups

ZIWC members have requested additional activities be offered by the Club, and we are now looking for volunteers to share their expert knowledge for the enrichment and fun of fellow members.

If any ZIWC member is willing to set up or lead any Interest Group, please contact Interest Groups Chairwoman Anastasia Tziapoura at interestgroups@ziwc.ch.

Contact Details: Anastasia Tziapoura, interestgroups@ziwc.ch



Social Walk

A weekly social walk for members who enjoy walking at a leisurely pace.

We walk on Monday afternoons at 13:30 for 7km/90 minutes (plus a coffee stop!).

It is a great way to make new friends!

Contact Details:
Kathryn Watson,
Watson_760@hotmail.com

Badminton

Badminton is a great way to get some exercise and have fun at the same time!

This group plays every Tuesday morning. New members are always welcome! Some previous experience is recommended.

Meeting Details:
Every Tuesday at 09:00 at Sports Zugerland, Riedstrasse 1A, Cham.
www.sports-zugerland.ch

Contact Details: Herma Smeele, smeele@bluewin.ch

Conversation Groups

Italian Conversation

If you are a fan of Italy's food, wine, fashion, and culture, here is your chance to learn the nuances of its beautiful "singing" language. Emilia Mini and Cristina Rocco are native Italian speakers and are looking forward to welcoming new ladies!

Are you new to the Italian language or not so confident? From 13:30–14.10 we will have a beginner's basic conversation.

Do you want to keep on learning? Are your conversation skills a bit more advanced? Then continue by joining the more advanced group from 14:30 –15.10!

Meeting Details: The meetings take place at La Taverna Metalli Zug on the 2nd and 4th Thursday of the month and each last for 1 hour, but always check the group calendar.

Contact Details: cristina@italianallegria.com

For beginners: Please contact Emilia at emilia.salvia@gmail.com before joining the class.

German Intermediate

This is an intermediate to advanced German conversation group led by Heidi, a German native speaker and teacher. This group is for those of you who have mastered the basics of the German language and now want to practice conversation. Members of this group should be at least at level B1, however all are welcome to come and try it out.

Meeting Details: Second and fourth Friday of the month, 14:00-15:30 at Buchhandlung Balmer, Kaffeestübchen, Rigistrasse 3, 6300 Zug. Should be there any changes, Heidi will contact every member of the group in advance.

Contact Details: Heidi Helfenberger, 041 741 85 12, hhelfenberger@bluemail.ch



English Intermediate

Members of this group discuss a topic through questions in a friendly atmosphere. Through our discussion we distinguish strong points and difficulties in the language and at the end of the lesson, important notes and grammar are analyzed.

This intermediate group is led by Eugenia Loras, a native speaker and certified English teacher.

Meeting Details: On Thursdays at 11.00 – 12.00 virtually until further notice

Contact Details: Eugenia Loras, at 079 588 23 60, evloras@yahoo.ca

We are still looking for native speakers who would like to volunteer in leading any language conversation group at any level.

Contact Details: Anastasia Tziapoura, interestgroups@ziwc.ch



to Paris by Train... Part 2

Let's pick up where we left off with Vivi Jensen's intimate look at the best things to see in Paris…

Culture

The Musée D'Orsay, the former-railway-station-turned-museum, is just 10 minutes away from the hotels on the Quai D'Orsay on foot. It is well worth a visit because of its wonderful collection of Impressionist Art. Another cultural highlight I shall never forget is the Orangerie in the Tuileries Gardens, where I first saw Monet's gigantic work: 'Les Nympheas', (The Waterlilies) exhibited on the walls. It was absolutely breathtaking. Paris has an abundance of Museums and, in my experience, it is best to take only a few at a time. Generally-speaking, Paris is best explored in bits.

Place des Vosges

On this trip, I visited Place des Vosges for the first time. Because Paris is a city made for walking, I walked the whole way to the Marais district from Quai de Voltaire, via Place de la Bastille, which took just over an hour. The oldest of the 5 Royal Squares (Place Dauphine, Place des Victoires, Place Vendôme and Place de la Concorde), it was built on old marshland and the area became known as Le Marais (The Marsh). Victor Hugo of 'Les Misérables' fame used to live here, and his house has been turned into a charming museum, called Le Maison de Victor Hugo.

Upon entering the square, I felt as if I had gone back in time. There was a sudden lull and a vista of genteel houses opened up before my eyes. This square is actually one of the first 'planned' squares in Paris and the houses date back to the 17th century and earlier. Fronted by arcades filled with galleries and Cafés, I saw many people enjoying a meal and a glass of wine, so I also found a nice table and sat down for a Café-au-Lait and a Croissant in the late afternoon sun. When in Paris do as the Parisians do.

Au Revoir

As I made my way back, I chanced to see a sightseeing bus, the 'Hop on Hop off' kind, and thought: what could be more perfect? I hopped off just outside the Notre Dame Cathedral and as a bonus I caught a lecture about Paris to boot.

The next day it was time to return to Zürich and I allowed myself plenty of time at the Gare de Lyon so I could have a light lunch at Le Train Bleu, before boarding the TGV. On the train I had reserved a seat for one, because that is actually possible, and I sat on the top floor of the luxurious train, enjoying great service from the attentive TGV-team, while the train whizzed us from France into Switzerland in no time at all. I cannot wait to do it all again!

by Vivi Jensen

BA(Hons) Humanities with Art History

Escape Schäfli LaxManufaktur



Join us for a tour of the Schäfli Salmon Smoke House

A hidden treasure in the heart of Neuheim's moraine hills, The Schäfli Salmon Smoke House has something for all salmon lovers from hot smoked salmon to traditional cold-smoked Scottish salmon to its exclusive Alaskan Sockeye and salmon parfait. Each step is undertaken by hand and far away from any mechanical mass production.

We will be welcomed with an informative talk about salmon and given a presentation on the smoking process. This will be followed by a tasting of three smoked salmon combinations served with a glass of white wine, orange juice or mineral water.

Date and Time: Tuesday, November 24th at 17:00

Where: Dorfstrasse 3, Neuheim, we will meet in the parking lot in front of the restaurant.

How to Get There: Car-pooling will be organized among participants

Tour: Begins at 17:00 and lasts around 1.5 hours

Costs: CHF 20 including tour and tasting.

Please pay electronically to our bank account A/C No 17-521935-3 IBAN CH40 0900 0000 1752 1935 3 and report your name and activity.

Booking deadline: November 18th

Contact: For questions or more information please contact Amy Egger by email at escape@ziwc.ch or by phone at 076 761 91 35.

Please register via the ZIWC website or call Amy at 076 761 91 35

The ZIWC cancellation policy applies.

Board Directory

We look forward to hearing from you, but kindly remember that we're all volunteers so it might take some time for us to get back to you.

President: Cristina Rocco president@ziwc.ch +41 79 444 40 56
Vice President: Helena Lustenberger vicepresident@ziwc.ch +41 79 243 64 39
Secretary: Giuliana Hug secretary@ziwc.ch +41 76 483 01 07
Treasurer: Silvia Meuer treasurer@ziwc.ch
Newsleter Chairwoman: Mical Lewis newsletter@ziwc.ch 076 831 56 21
Interest Groups Chairwoman: Anastasia Tziapoura interestgroups@ziwc.ch +41 79 510 92 67
Escape Chairwoman: Amy Egger escape@ziwc.ch +41 76 761 91 35
Annual Events: Irazú Arroyo annualevents@ziwc.ch +41 76 831 39 93
Hospitality: Emilia Mini hospitality@ziwc.ch +41 078 733 12 68
Webeditor: Leila Narhinen webeditor@ziwc.ch +41 76 831 40 88
Advertising: Maria Anselmi advertising@ziwc.ch +41 79 463 08 40
Membership: Katalin Jászbrényi-Szabó membership@ziwc.ch +41 76 774 30 43
Marketing Viviana Giovannozzi marketing@ziwc.ch +41 076 297 66 77





Samichlaus Breakfast

You are warmly invited to join Barbara and her team for our traditional Samichlaus Breakfast at the Parkhotel in Zug. We'll start with a festive glass of Prosecco and then savor a delicious breakfast buffet of baked breads, fruit salad, Birchermüesli, cold meat cuts, egg dishes, smoked salmon and a variety of cheeses as well as yoghurts. This is a wonderful way to share the magic of the Swiss Christmas season with your ZIWC friends!

This is a very popular event, generously sponsored by the Club, so please book your space in advance. This is a strictly members-only event.

To speed up "check-in" on the day, we encourage you to put your payment in a sealed envelope marked with your name.

When: Friday 4th December 2020 from 9 to 11.30 pm

Where: Parkhotel, Industriestrasse 14, Zug

Cost: Full Year/New Members 25 CHF
Returning Members 30 CHF

Payment: Zug International Women's Club, Post Finance, 6340 Baar.
A/C No 17-521935-3,
IBAN CH40 0900 0000 1752 1935 3.

Food & Beverages: Arrival Prosecco (sponsored by ZIWC). A brunch buffet and mini desserts.

Registration: Please register online or call Emilia at 078 733 12 68

Booking Deadline: Friday, November 27th

Contact: For questions only:
Barbara Berger, barbara.berger33@gmail.com or 079 823 71 10

The ZIWC cancellation policy applies.

October/November Horoscopes



Aries March 21 – April 19

It is the season of forgiveness for you, Aries. Remember that nothing is personal, so put down that heavy grudge and forgive either yourself or others. Continuing to carry that weight is not healthy for you.



Taurus April 20 – May 20

Keep an eye on that temper of yours this season, Taurus. Beware of small situations that can get out of control and explode. Watch your words and don't make problems bigger than they truly are.



Gemini May 21 – June 20

Gemini, the Universe is showering you with blessings this season! Tune into the world around you, say yes to life and make the most of the inspiration all around you. All you have to do is look.



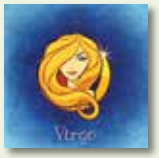
Cancer June 21 – July 22

It's time to express all those thoughts running around inside your head, Cancer, so turn to the power of words to make it happen. No one in your life can know what you're thinking or feeing unless you tell them, so whether it's writing or talking, find a way to share yourself with the world.



Leo July 23 – August 22

You're likely facing a project of some kind that you cannot complete alone, Leo. There is nothing wrong with asking for help, so find someone who can guide you. This is especially true in the realms of medicine and therapy, so don't put it off any longer.



Virgo August 23 – September 22

This season is a good time to work on your self-esteem, Virgo. Remember that you don't need to be better than anyone else to feel better about yourself. Don't let a lack of confidence push you toward radical actions; You are worthy just as you are.



Libra September 23 – October 22

The season of planning is over for you, Libra, and it is now the season of action! It is time to execute those plans that you've been working on even if they aren't quite "perfect." Just begin.



Scorpio October 23 – November 21

There is beauty and love all around you, Scorpio, you just need to look for it! And remember, it might not be something "big." Not convinced? A good place to start is by giving thanks for each of the little blessings in your life.



Sagittarius November 22 – December 21

It's time to stop hiding yourself, Sagittarius. Take off the masks you usually wear and show the world who you truly are! Dare to be your wonderful self and watch the world open up for you.



Capricorn December 22 – January 19

Work is important, Capricorn, but so is play. So find balance this season by choosing a passion project and working on it a little bit every day. Enjoy yourself.



Aquarius January 20 – February 18

It's time to refresh your chosen tribe Aquarius. Find people who are on the same wavelength as you and invite them in. Fill your life with people who inspire you to become a better version of yourself.



Pisces February 19 – March 20

A season of introspection is upon you, Pisces. You need space and time to be alone so you can reflect and listen to yourself. Remember that taking time for yourself isn't selfish; it's actually a profound act of self-love.

By Irazú Arroyo

If you want a personal consultation, tarot reading or energetic cleanse please contact me!

Instagram @lic.bruja & Facebook: Licenciada Bruja

Want to see your Name in print?

Submit Something to the Newsletter!

The voices and perspectives of our members is what makes this club so special and we want to hear from you! So please send your writing, photos, or any other information to newsletter@ziwc.ch

Deadline for submissions for the December/January 2020 Newsletter is Sunday, November 1st.

Caroline Rohwer

HAIRDRESSING

