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MAGAZINE

Connect!

NOVEMBER / DECEMBER 2025 | FOR WOMEN • FOR CONTACT • FOR 58 YEARS



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31st October - 30th December 2025
Daily from 6 p.m.

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Dear Members,

As your Hospitality Chairwoman for almost two years, I can honestly say this role still excites me every single day. Welcoming new Members, seeing fresh sign-ups, and watching our community grow continues to bring me joy.

In every country I've lived in, joining a woman's club was always the very first thing I did, as it gave me a sense of belonging and made adjusting to a new environment so much easier. Now, in this beautiful Club, I feel the same sense of connection and it fills me with pride to help others experience it too.

When I call and talk to you, I love hearing your stories. Some of you just arrived and jump into Club life with both feet while others have only recently discovered us after living here for years. No matter your path, we are all here for the same reason- to connect with like-minded women and build friendships that last a lifetime.

One of my favourite suggestions for getting involved is our weekly Stammtisch, which continues to be a very popular way to meet new people in a relaxed setting. You can also join one of our local coffee mornings in Ägeri, Cham, or Walchwil, a Cheeky Cocktail evening, or monthly lunches and dinners for a relaxed day or night out. These gatherings are informal, welcoming, and a great way to feel at home.

I also listen carefully to your interests and the activities you'd love to try. I am always happy to guide you toward one of our many interest groups- there is truly something for everyone!

As you read this, the year is slowly coming to a close, and I am excited about our upcoming festive events. Our Seasonal Evening is returning in November, this year with a fresh twist of cheese raclette and wine, and our Samichlaus Brunch also returns in December, a beloved tradition that promises to be a highlight once again.



Thank you for all your trust in me as your hospitality Chairwoman; it is a privilege to connect with you, support you, and welcome you into our community.

With warmest wishes,
Fanny Van Dyck
Hospitality Chairwoman

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New Members

Mary-Anne Kedda,
Membership Chairwoman
Email: **membership@ziwc.ch**



We warmly welcome our new Members

Joy Villiger, Zug
Pauline Koch, Merlischachen
Emily Beard, Zug
Ingrid Spencer, Baar
Poppy Bouet, Oberägeri
Birgit Hilsbos, Waltenschwil
Maria Buryak, Obfelden
Jessica Sims, Zug
Daniela Gerer, Baar
Christine Worrell, Zug
Esther Lieberherr, Zug
Macbeth Falvy, Zug
Marie Deleris, Adligenswil
Linda Lif, Walchwil
Christina Sideratou, Cham
Ana Zujeva, Baar
Micaela Summers, Meggen

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ZIWC Connecting Women est. 1967

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The Club's cancellation policy is applicable to all events that involve a reservation and a monetary payment. Unless otherwise specified, the cancellation deadline is the booking deadline. A Member who cancels her participation in an event, after the cancellation deadline, is required to pay the full participation fee of the event. The Club is not responsible for any loss or injury suffered during the course of activities or events.

Club No-Show Policy for 'Free Events': Any Member who makes a reservation for a free event who has not cancelled within the agreed deadline or has not given notice to the event organiser of non attendance will incur a 25 CHF fine.

Accident Insurance: Participation in any club event is at the Member's own risk. It is each participant's responsibility to have personal and accident insurance.

3rd Party Ad Disclaimer: The Club's Newsletter contains advertisements from third party businesses and has no control over their content and the quality of services advertised. The use of such information lies solely at the readers' own discretion or risk. Further, the ZIWC does not explicitly and implicitly endorse third parties in exchange for advertising nor does any advertising influence editorial content, products or services.

ZIWC's First Charity Golf Tournament:
A Rainy Day Full of Laughter, Competition, and Connection



On 4 September 2025, we teed off for the very first edition of the ZIWC Charity Golf Tournament, and what a memorable debut it was! With a wonderful mix of golfers and clinic participants, a stunning course in Meggen, and a good cause at the heart of it all, the day was a shining success despite the heavy rain.

From the start, the atmosphere was buzzing. Yes, the weather was challenging, but spirits stayed high — golfers joked that the real winners were those who had packed a change of underwear! Meanwhile, the clinic participants embraced their session with enthusiasm, making the most of the extended 110 minutes of expert guidance. This blend of competition and learning created an atmosphere where everyone, regardless of skill level, felt included and encouraged. Several who had only just started golfing are already looking forward to joining again next year, a sure sign that we've created something very special.

Of course, no tournament is complete without a few shining stars. The *brutto* and *netto* winners were Mathijs and Betsy, who also claimed the longest drive titles for men and women. Bill impressed with his accuracy, taking home the prize for "nearest to the pin." The balance of good-humoured rivalry and encouragement for beginners made the day especially enjoyable.



After the last putts were sunk and the clinic wrapped up, everyone gathered for a lively apéro and a delicious dinner. The hospitality at Golf Meggen and Gasthaus Badhof ensured participants were well cared for, with excellent food and a warm atmosphere.

The evening's highlights were the prize ceremony and the charity raffle, filled with generous prizes donated by sponsors including **VICTORINOX**, **Stanserhorn Bahnen**, **Ibach Sattel Hoch-Stuckli**, **Shed Wine AG – Zug**, **In Good Company Gifts**, **Baarer Brewery**, **Etter Distillery**, **JCI Switzerland & Villars Golfclub**, and our very own Member **Virginie**, who provided wines for several prizes. Thanks to their generosity — and the support of all participants — the event raised **over CHF 1,400** for our chosen charity, **Frauenhaus Luzern**.



A heartfelt thank-you also goes to **Meggen Golfclub**, whose support and collaboration were essential in bringing this first edition to life.

As the evening closed, participants left with tired feet, full hearts, and smiles that said it all. This was more than just a tournament; it was a day of friendship, connection, and purpose. We are already looking forward to hosting the **2nd ZIWC Charity Golf Tournament in 2026** - and we can't wait to see this tradition grow.

Meet the Member
Yasmina Rauber



My connection to Zug began in 2005, when I found my first place here after a few years of visiting. I was instantly drawn to the charm of the city and the picture-perfect "Heidiland" landscapes surrounding it. The people were kind, polite, and deeply welcoming — it felt like stepping into a dream.

At the time, I was working for a trading company in Geneva and commuting regularly. But slowly, Zug began to feel more like home. When my son was born here, that pull became even stronger. I wanted him to grow up learning Swiss German, rooted in the local culture.

In 2009, I joined the ZIWC to start building a local network. My Swiss German was still a work in progress, and I found the ZIWC to be an incredible space to feel connected, meet inspiring women, and create a sense of community in a new chapter of life.

Today, I run my own coaching and training business — work that I find deeply meaningful and energising. And while I still travel often and work full-time, I've come to truly appreciate the balance that living here offers. In particular, I feel such a sense of peace and ease when I'm at home in Walchwil. It's the kind of relaxed, grounded feeling that supports both my personal life and the work I do with others.

To this day, I'm continually impressed by the variety of activities available to ZIWC Members — there's truly something for everyone. Although I still work full-time and travel often, I especially enjoy the Business Network and some of the dinner-based social events. One day, I hope to make it to the walking group too! As an art lover, I'm also thrilled there's a group dedicated to art appreciation — though unfortunately, most of their activities fall during the week when I'm unavailable.

I have so many favourite places in Switzerland — Vevey-Montreux in the summer, the stunning Ticino region, and of course the rich history and culture of cities like Lucerne, Basel, Bern, and Gruyères. Every corner offers something unique, local, and worth exploring.

Lastly, I want to extend my heartfelt thanks to the President, the Board, and all the Interest Group Chairs. Your commitment and energy make ZIWC the vibrant, welcoming space that it is. You're doing a remarkable job — and it doesn't go unnoticed.

www.yascoaching.com

Chestnuts roasting *on an open fire...*

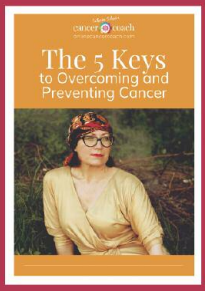
There's a scent that signals winter's arrival in Switzerland: the warm, sweet aroma of roasting chestnuts wafting through crisp air. The simple pleasure of a paper bag of chestnuts, hot, slightly charred and buttery, is an irresistible, comforting ritual that ties modern life to centuries-old tradition.

Roasted chestnuts (heisse Marroni) appear everywhere as vendors set up wooden stalls and sell to passers-by. The custom has deep roots. Chestnuts have been cultivated in southern Switzerland since Roman times, prized as a reliable food source in alpine valleys where grain was scarce. By the Middle Ages, chestnut groves were valuable communal assets; their nuts sustained families through long winters and featured in breads, soups and cakes. The practice of roasting chestnuts in public grew over centuries into a convivial street tradition, particularly during autumn and winter fairs. In the 19th and early 20th centuries, roving chestnut sellers, often women using portable grills, became familiar figures in towns across the country.

Today's chestnut stalls maintain this nostalgia. Whether part of a winter market or on a side street in town, grabbing a bag during afternoon errands or sharing one with friends between market stalls is a healthy, warming pleasure whilst enjoying the seasonal bustle.

Whether you sample them on a street in Zug or in a Christmas market stall, roasted chestnuts deliver more than flavour: they're a delicious thread connecting present comforts to the enduring rhythms of Swiss life.





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Escape

World Cheese Awards in Bern

Date: Friday, 14 November, 2025

The Experience: In November 2025, the cheese world comes together for the first time in Switzerland, the land of cheese. And Bern - as host of the World Cheese Awards 2025 - becomes the Capital of Cheese par excellence for three days.

The World Cheese Awards is ***the*** international cheese event. It will be held in Switzerland for the first time from 13 to 15 November 2025, temporarily turning the Swiss capital into the "Capital of Cheese". Besides the exciting competition to crown the world's best cheeses, a varied programme awaits visitors: fascinating insights into the Swiss world of cheese, a Swiss Fine Food Market and a wide range of side events for cheese lovers young and old.

WORLD CHEESE AWARDS
CAPITAL OF CHEESE
BERN SWITZERLAND

Location: Bern Festhalle

Departure: Departure time will be confirmed.
Departure from Zug Station will be around 10am with return in the afternoon.

Cost: Tickets to the event are compliments of ZIWC. Train transportation and meals are to be paid on your own.

Booking deadline: 7 November 2025. The headcount is limited to 20 ladies. Should the Escape get completely booked, please email escape@ziwc.ch to be placed on a waiting list.

Contact: For questions or more information, please contact Alicia Toledo at escape@ziwc.ch

Please register via the ZIWC calendar on the website.

Cancellations: ZIWC Constitution, Article 4.i

The Club's cancellation policy is applicable to all events that involve a reservation and/or a monetary payment. Unless otherwise specified, the cancellation deadline is the reservation deadline. A member who cancels her participation in an event after the cancellation deadline is required to pay the full participation fee of the event. In case of a free event, the Board may apply a penalty fee. Paid-for events which are subsequently cancelled by the Club will result in reimbursement of the event fee paid where reasonable.

The Club's Accident Insurance policy also applies, see page 4 for details.



Enjoy the cosy tradition of fondue in Zug, Switzerland!

This iconic dish, dating back to the 18th century in the Alpine regions, brings friends and family together around a bubbling pot of melted cheese. Whether you're a cheese lover or a curious traveller, explore these top fondue spots in Zug and experience a warm taste of Swiss heritage!

Here is a list of some fondue options, more information can be found at **zug-tourismus.ch/en/fondue**

Fondue Chalet Zug

The perfect location for a cosy get-together with friends or family. Experience an unforgettable evening with your work or club colleagues in Fondue Chalet on the Arenaplatz in Zug.

Forest Fondue on the Rigi

Being at home outside, feeling nature and enjoying everyday activities outdoors. The forest fondue of the Hotel Rigi Kaltbad combines nature and fine delicacies. The offer is bookable for groups all year round.

Nordic Fondue tent

Hafenrestaurant- enjoy a cosy cheese experience and choose your fondue from 100 variations. The fondue tent on the terrace of the Hafenrestaurant is open from November to January. With blankets and with a pleasantly warm «Chriesisteisäckli» on your lap, enjoy homemade fondues.

Fondue Hütte

Aigu Zug. A beautiful setting with 6 fondue huts at Parkhotel Zug. Available for parties of various sizes from 31 October.

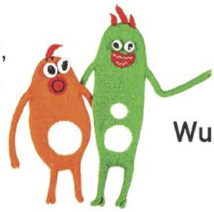








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100 Years of Migros

Gottlieb Duttweiler was born in 1888 into a family dominated by women and was a charming, woman's man. He had several failed business ventures before he launched the Migros, aiming at thrifty housewives. In 1924, times were hard and he couldn't find a job, so he had the idea of a travelling shop. He acquired permission to start in Zürich, raised some capital and on 25 August 1925, the first 5 Model-T trucks set out with six basic products: sugar, pasta (Hörnli), coffee, rice, coconut fat and salt.The aim was "big turnover, modest margins, fresh goods", directed at the housewife who had to count her pennies. Although Switzerland was becoming industrialised through the expansion of the textile and watch industries and whilst tourism flourished, few benefitted; families had to spend half their income on food. Eventually, Migros vans expanded all over Switzerland. Waiting in the queue was a good opportunity to get to know neighbours and have a gossip. The last van to close its mobile offering was in Oberwallis in 2007 and they were much missed, especially in outlying areas. It is a little-known fact that a fleet of 85 Migros vans sold goods in Berlin in 1932 until the Nazis put a stop to them a year later. Meanwhile, Duttweiler, not the smallest of men, drove around in a Topolino!



All his professional life, Duttweiler fought against the status quo, supported by his loyal wife Adèle, his adviser, his critic and his conscience, and she carried on this role in the Migros for the 30 years she outlived her husband. Duttweiler shook up the prevailing retail market, fighting the traditional sales models and cartels. He even founded a political party, the LDU, and was a Nationalrat for 24 years. His forceful character and temperament brought him many enemies in Bern and more conservative areas.



As an innovator, Duttweiler, faced with expensive brands whose producers refused to reduce prices, bought factories and produced his own imitations. Eimalzin was Migros' Ovaltine, Kaffee Zaun was the cheaper version of Kaffee Hag and Mivella copied Rivella. This would be impossible today and at the time, Duttweiler was often sued. However the products, which were cheaper in price but not inferior in quality, prevail to this day, where the Migros brands are now sold alongside the more expensive originals. The M-Budget and Selection brands offer the range of the cheaper to more exclusive goods. The statutes of Migros have always forbidden the sale of alcohol and tobacco. In 2022, Migros members (Genossenschafterinnen) voted against a suggestion to sell alcohol, and the resulting 'Non' vote was used to promote a non-alcoholic beer.







The first Migros shop opened in Zürich in 1926 and sold 48 products, including fresh fruit and potatoes. A cigar box served as a 'till'. The first Migros supermarket was opened in Zürich in 1948 with wire baskets with which to shop nylon stockings (a sensation!). The first Zug branch was opened in 1957 on Baarerstrassse 11 and was the most modern in Switzerland.

In the 1950s, small local businesses saw their livelihoods threatened and people who shopped at the Migros were often frowned upon. Migros branches in less-populated streets achieved more sales turnover as people didn't want to be spotted shopping there locally! Eventually, there arose the cult of the 'Migroskind v. Coopkind': you shopped in either the Migros or the Coop (formerly Konsum), reflecting your social position. According to this sketch by Gabriel Vetter, this is the real 'Röstigraben' in Switzerland. youtube.com/watch?v=lrYb4Frf6co

Duttweiler questioned capitalism and championed the free market economy, which he believed should serve the people. These were not just empty words: in 1948, he founded the Migros Klubschule, enabling education for poorer people; teaching languages, then crafts, then sports. Since 1957, the Migros Kulturprozent has donated 1% of turnover to culture. In 1940, Duttweiler converted his company into a cooperative (Genossenschaft), thus giving his life's work to the people. The Migros now has 2.2 million Genossenschafter (cooperative members), who vote regularly on policy questions. Towards the end of his life, recognition of Duttweiler's societal contributions grew and his funeral in the Zürich Fraumünster was attended by thousands.
In its centenary year, the Migros has been returning to its core business of retail, selling off various of its enterprises in non-core areas eg Hotelplan. The structure of the 10 regional organisations under the Migros umbrella remains. The Coop has become a tougher competitor and discounters such as Aldi and Lidl, initially underestimated, also challenge the supremacy of the Migros today.

Fun facts:

- Every year, 330,000 people apply for a job in the Migros.
- The Migros is the biggest employer in Switzerland with almost 100,000 employees.
- The Migros product range encompasses 40,000 products.
- The sole chewing gum factory in Switzerland is run by the Migros.
  Over 85% of production is exported.
- In 1983, the Migros launched the M-Watch, a few days before Swatch.
  The M-Watch can be opened and repaired and to date, 7 million have been sold.
- Duttweiler supported women's suffrage from the 1940s and during the war, he criticised Switzerland's attitude towards refugees, supporting the film 'Marie-Louise' about a refugee girl, which was the first Swiss film to win an Oscar in 1946.
- The Gottlieb Duttweiler Institute is Switzerland's oldest think tank and researches trends.
- The Migros runs an observatory (Sternwarte) up on the Gurten in Bern, open on Tuesdays.
- The Kulturprozent finances parks in Vaud, Bern, Basel and the nearest to us: Rüschlikon: the Park Im Grüne, where you can play, walk, barbecue and eat.
- Some Migros stores have a 'Plauderkasse' where chatting to the cashiers is welcomed
- The Migros mountain Monte Generoso in Ticino has a cogwheel railway, and camping and there is a free ride on your birthday!
- The Migros Pioneer Fund supports new projects; maybe something for you?
  von0auf100.org/en/?gad_source=1&gad_campaignid=21662727835

Hospitality

Fanny van Dyck
Hospitality Chairwoman

Organises regular social events for long-standing and new Members. Welcomes new Club Members and serves as a point of contact for all Club events.

For more info about all the coffees, please contact
Fanny Van Dyck (Hospitality Chairwoman) at hospitality@ziwc.ch

Stammtisch

Everyone is welcome at the Park Hotel in Zug for a relaxed coffee morning with wonderful women from our ZIWC community. A chance to connect, chat, and make new friends over a warm cuppa. No need to register or sign up – just pop in for as long or as short as you have time.

When: Every Wednesday from 10:00-12:00 (except public holidays)
Where: Park Hotel, Industriestrasse 14, 6302 Zug

Ägeri coffee

Come join us for a friendly coffee and connect with other women living in the Ägeri area. Everyone is welcome whether you are new in the neighbourhood or have been here for years. To stay in the loop, just ask Vivi to be added to the Ägeri Coffee WhatsApp group.

When: Second Thursday of the month from 10:00-12:00
Where: Café Brändle, Zugerstrasse 23, 6314 Unterägeri
Contact: Vivi Jensen on 076 824 4898 or at vivi.jensen@icloud.com

Cham coffee

Do you live in Cham, Hünenberg, Knonau? Come and join the Cham local coffee morning hosted by Karin. To stay updated, ask Karin to add you to the Cham Coffee WhatsApp group.

When: Third Thursday of the month from 10:00-11:45
Where: Café Plaza, Kirchbuhl 5,6330 Cham
Contact: Karin Resch on +43 664 421 2775 or at karin-resch@bluewin.ch

Walchwil coffee

Living in Walchwil? Join Sarah, our Walchwil host for a cosy coffee morning on the last Thursday of every month. It's a great way to meet new ladies, share a laugh and enjoy a warm drink together. Everyone is welcome! Ask Sarah to be put in the Walchwil Coffee WhatsApp group.

When: Last Thursday of the month from 9:30-11:30
Where: Hotel Aesch, Hinterbergstrasse 31, 6318 Walchwil
Contact: Sarah Paul on 079 279 9748 or at paulfamily@bluewin.ch

Life's too short for boring drinks and dull company. Join the Cheeky Cocktail Club!

Cheeky Cocktail Club

Ladies of ZIWC, are you ready to shake things up? Join us for a monthly dose of fun, friendship, and fabulous drinks!
Whether you're a cocktail connoisseur or just looking for a great night out, the Cheeky Cocktail Club is your ticket to a world of flavour and friendship.
No mixology skills required – just bring your smile and sense of adventure!
Ready to join the most spirited group in town? Sign up now and let's raise a glass to new friendships and unforgettable evenings!



November • LUMA BAR

Date: Thursday 6 November
Time: 19:00 till late
Where: Luma Bar, Dorfstrasse 34, Baar • *Get ready for a night of Italian flair!*
This month, the Cheeky Cocktail Club takes us to Luma Bar in Baar — a cosy, vibrant spot where Southern Italian vibes meet Zug charm. Think fine drinks, delicious bites, and that effortless dolce vita atmosphere that makes you want to stay "just one more round."
Come join us for good company, laughter, and a little taste of Italy right here in Baar.
Salute!

How to get there: This bar is in the centre of Baar, close to the train station.
It's easy to reach by bicycle and on foot from the train station and all buses that stop at Baar Bahnhof, or with bus 603 to bus stop Lindenhof which is right in front of the bar.

December • XALOC TAPAS

Date: Wednesday 3 December
Time: 19:00 till late
Where: Xaloc Tapas, Poststrasse 13, Zug • *Let's toast to the festive season with Spanish flair!*
For our December Cheeky Cocktail Club, we're meeting at Xaloc Tapas Bar in Zug — where warm ambience, great wines, and irresistible tapas come together for the perfect pre-holiday evening.
Enjoy an authentic taste of Spain with delicious small plates meant for sharing, laughter flowing as freely as the wine, and the cozy company of friends old and new. The perfect way to wrap up the year — ZIWC style!

How to get there: This bar is within 5 minutes walking from the Zug main train station and 2 minutes walk from the Postplatz train station. Bus stop Postplatz is also just a short walk away and serviced by buses 602, 603, 605,606, 607, 611, 612, 613, 614.

Host a Contact Coffee/Apéro

Would you enjoy welcoming new faces into our ZIWC community over coffee, wine, and warm conversation?

We're looking for hosts to open their homes for a **Contact Coffee or Apéro**—small, informal gatherings that help new Members feel instantly at ease and connected. You don't need a big house or fancy setup—just a welcoming spirit and a little time.

It's one of the simplest yet most meaningful ways to support the Club—and who knows, you might make a new friend (or three) along the way.

If you're curious or ready to host, contact Fanny at **hospitality@ziwc.ch**—she'll be happy to guide you.

Together, we make ZIWC feel like home.

November Lunch Club

ZIWC LUNCH CLUB

Restaurant Widder - Zug



November for me says cosy, comforting and Italian flavours, with maybe a glass of wine to savour…

Restaurant Widder in Zug has all of these and more, leavened with many years of experience both in the kitchen and front of house.

restaurantwidder.ch/en/restaurant-widder-zug-swiss/

When: Thursday 27 November at 12:15 - 14:30
Where: Restaurant Widder,
Landsgemeindeplatz 12, 6300 Zug

Once the reserved places are filled you can contact Ailbhe by email or text (see below) to be placed on the waiting list for cancellations.

Please register on the Club website or - if you have no web access - by calling or texting Ailbhe Fallon on +41 78 698 5160 (no WhatsApp please).

Cancellation by midnight on Monday 24 November. If you need to cancel please do so by email before this deadline to ailbhe.fallon@fallon-currie.com or by calling/texting 078 698 5160 (no WhatsApp please) so that your place can be released and/or allocated to those on the waiting list.

The Club's Cancellation Policy and Accident Insurance policies will apply.

There will be no Lunch Club in December.

Save the date:

the January Lunch will take place on **Tuesday 20 January 2026** - venue to be confirmed.

Are you a Lady who Lunches?

Ailbhe is looking for a Member to share the role of Lunch Club Co-ordinator and maybe even take over. Is this you? If you are interested, please email Ailbhe at ailbhe.fallon@fallon-currie.com describing why this role would excite you and what you look for as an ideal lunch venue.



November Monthly Dinner

ZIWC DINNER CLUB



Ready for a Burger Party? In November, we are having our dinner at a unique location in the heart of the city, on the 18th floor with a breathtaking view over the city and Lake Zug. A magical atmosphere and an unforgettable experience above the rooftops of the city will be complemented by delicious burgers made from local ingredients, which can be paired with homemade cocktails. Let's fly in the sky and escape from everyday life a bit!

When: **Thursday 20 November**, 18:15
Where: **Henry's Skylounge**, General-Guisan-Strasse 6, Zug. 10 minutes walking distance from Zug train station or 5 minutes from Zug Schutzengel station. Alternatively, it's a 5-minute ride (3 stops) by bus no. 606 to the Stadion bus stop. Parking options include Bossard Arena Parkhouse, Herti or Stadion parking.
Group limit: 12 Members. Please register online (or send an email to webeditor@ziwc.ch if you are unable to register online). Please note that we need at least 10 attendees for the event to take place.
Booking deadline: Friday, 14 November
Contact: Maja Stankovic at majasta@yahoo.com or on 079 285 43 55 for any questions.
Menu: Three different burger menus will be offered: meat, fish and vegetarian. Please choose your preferred menu when registering.

December Monthly Dinner



As winter begins, we will welcome the season in the traditional Swiss way — with a delicious cheese fondue! We will gather at the charming Fondue Chalet, where you can enjoy a cozy and authentic Swiss experience in a rustic wooden hut. It's the perfect setting to celebrate the closure of a wonderful year, surrounded by good friends, warm ambiance, and delicious food. Join us for an unforgettable evening filled with laughter, great company, and the timeless tradition of Swiss fondue!

When: **Monday 15 December**, 18:15
Where: **Fondue Chalet Zug**, Arenaplatz, Zug. 10 minutes walking distance from Zug train station or 5 minutes from Zug Schutzengel station. Alternatively, it's a 5-minute ride (3 stops) by bus no. 606 to the Stadion bus stop. Parking options include Bossard Arena Parkhouse, Herti or Stadion parking.
Group limit: 14 Members. Please register online (or send an email to webeditor@ziwc.ch if you're unable to register online)
Booking deadline: Thursday 11 December
Contact: Maja Stankovic at majasta@yahoo.com or on 079 285 43 55 for any questions.
Menu: Variations of cheese fondue. Menu can be found here 2024_FC_Menükarte_web.indd
If you need to cancel your dinner reservation, please notify the Webeditor at webeditor@ziwc.ch if it's well in advance. For cancellations within the last 3 days, kindly inform Maja via WhatsApp at 079 285 43 55, so we can offer your spot to someone else if you're unable to attend.

Dear Members,
A huge thank you for joining us at our Monthly Dinners this year and making each gathering special with your presence. Your enthusiasm and companionship truly make these events special and unforgettable! As the holiday season approaches, I'd like to wish you a wonderful festive time, filled with happiness, love and lots of cherished moments with family and friends! Many thanks for being an integral part of our community. I look forward to many more gatherings and shared experiences in the coming year!
Happy 2026! ***Maja***

ZIWC Business Network
Member-to-Member Event:

Cultural Competence for Success

Do you want to integrate efficiently and effectively? Cultural Competence is the Answer!

Session Leader: Dr Yvonne Mandri-Bossart, Founder of Swiss-Cross-Culture and Member of ZIWC

Struggling with cultural misunderstandings - at work or in daily life?

Integration doesn't have to be a slow process. In this eye-opening session, Dr Yvonne Mandri-Bossart of Swiss-Cross-Culture will introduce her unique method for identifying and managing cultural conflict before it even starts.

With insights drawn from her global career and academic research, Yvonne will share practical strategies for navigating cross-cultural exchanges - without losing your own identity. Whether you're building professional relationships or settling in with your family, this session will help you strike the right balance between embracing Swiss life and staying true to yourself.

www.swiss-cross-culture.com - we help you to identify and preempt potential cultural conflicts whether in business or in private life by providing cross-cultural and integration coaching, training and consulting. Services offered in English, Spanish and German. This session has been developed as part of our ZIWC Business Network Member-to-Member programme, designed to bring sessions based on the special skills of our Members to a wider audience for mutual benefit. This session is open to all ZIWC Members; please register on the ZIWC website.



When: Monday 17 November
18:00 - 20:30
Location: Siehbachsaal,
Chamerstrasse 33, 6300 Zug

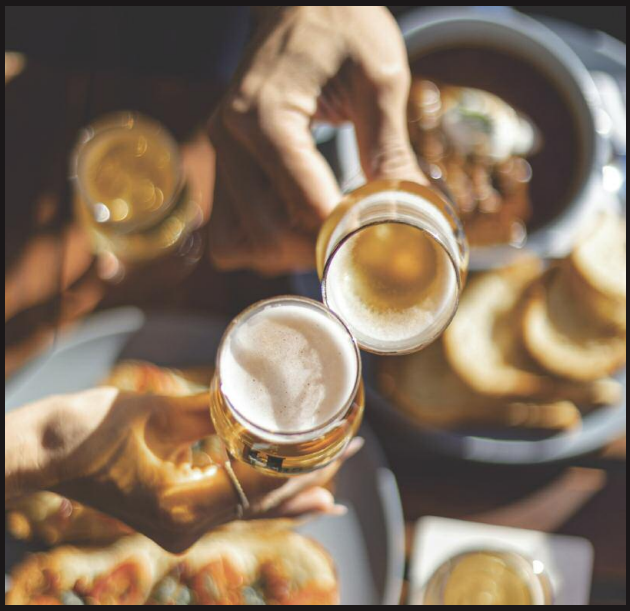
Swiss-Cross-Culture



Business Networking *Apéro*

Tuesday 25 November,
18.00 - 19.30
Áigu Bar & Lounge,
ParkHotel, 6300 Zug

Members and
non-Members welcome.



Escape

Freiburg im Breisgau Christmas Market

Date: Tuesday 9 December

The Experience: One of the most anticipated Escapes of the year! We are spending a day at the charming Christmas Market in Freiburg im Breisgau. The festive decor and more than 120 market stalls will surely warm your hearts. From knitwear, home decorations, trinkets to toys, you are bound to find something delightful to gift someone or gift yourself. There are also many food stalls, hot chocolate and Glühwein to warm your insides!

Location: Freiburg im Breisgau, Germany

Time: 11:00 - 21:00

Transportation Cost: ZIWC will provide the roundtrip Sprint charter. Any expenditures at the market are on your own.

Booking deadline: Please RSVP no later than 28 November.

Contact: For questions or more information, please contact Alicia Toledo at escape@ziwc.ch

ZIWC Cancellation and Accident Insurance policies apply, see page 4 for details.



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Swiss German Corner

Did you ever hear Swiss words that you just couldn't decode or were unable to find the answer on google translate?

Shopping ...



poschte: go shopping
ich goh go poschte: I'm going shopping
iikaufen: go shopping
Poschtizettel: shopping list
lädele: shopping/window shopping
i möcht eifach chli umeluege: I'm just looking
Wägeli: shopping trolley
Körbli: shopping basket
Kasse: till
Aktionen: special offers
Usverkauf/Sonderverkauf: Sale

If you have particular favourite Swiss words you'd like to share with us, email us at connectmagazine@ziwc.ch



Samichlaus Brunch

You're invited to Our Annual Samichlaus Brunch

The festive season is just around the corner, and with it comes one of our most beloved traditions - The Samichlaus Brunch

We warmly invite you to join us for a cosy and joyful morning filled with delicious food, seasonal cheer, and a special visit from Samichlaus and his faithful helper, Schmutzli. Whether you've been very good or just a little mischievous, there's something magical waiting for everyone.

We look forward to celebrating with you and making this holiday season extra special!

Date: **5 December 2025**

Start time: 9:00

Ending time: 12:00

Where: Park Hotel Zug, Ensemble Room, Industriestrasse 14 CH-6302 Zug

Costs: Members ZIWC **CHF35**

Dress code: Smart Casual - Something Festive

Menu: Breakfast Buffet: your choice of continental breakfast, English Breakfast, yoghurts, choice of cereals and muesli and fresh fruits. **Please notify Linda of any allergens**.

Drinks: Orange juice, grapefruit juice and multivitamin juice
Coffee/Tea, Normal and Sparkling Water, Prosecco as Apero

Entertainment: **A special visit from Samichlaus and Schmutzli**

Registration: Please register online by 28 November.
ZIWC Cancellation Policy and Accident Insurance rules apply. See page 4 for details.

Booking & Payment Deadline: **28 November 2025**

Payment notification: You can pay online with credit card or to our bank account
Zug International Women's Club, Post Finance, 6340 Baar.
A/C No 17-521935-3, IBAN CH40 0900 0000 1752 1935 3

Please state "**Samichlaus Brunch**" and the names of the guest on the payment

How to get there: The Park Hotel is located behind Metalli. Parking available at Metalli Shopping Mall. There is also parking available directly under the hotel. Parking fee of CHF 5 for hotel day guests.

Additional Remarks:

Contact: **Linda Sharpe at annualevents@ZIWC.ch**

ZUGERBERG FINANZ



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We support both private investors and institutional investors of all sizes with their investments. In doing so, we rely on active, independent asset management with a strong domestic focus and trust in our own expertise. We buy all the securities also for ourselves transparently.

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Tania Mobayed
Brand Ambassador
mobayed@zugerberg-finanz.ch

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MORNINGSTAR®
5 stars for 10 years 2016–2025

Three enterprising and powerful Zurlauben women: **Maria Jakobea, Maria Ursula** and **Maria Elisabeth**

The history of the foreign services is a male story (see July/August Connect!) - but only half of it. Mothers, daughters, sisters, wives, aunts and cousins worked in the family payroll business, invested their own money, were co-owners and had inheritance rights.

The men recruited by **Maria Jakobea Zurlauben** (1658-1716) were supposed to be "handsome", tall men with a strong physique. "Des beaux hommes", as her brother Beat Heinrich Josef (1663-1706) used to say, ones with officer potential had to look good as bodyguards at the Sun King's court. They came from all over; from central Switzerland, today's Aargau, the March, the Zurich countryside and eastern Switzerland, southern Germany and even Bohemia. They did not stay long. Their accommodation and catering at the 'Lowen' in Zug was too expensive. As soon as 'Frau Hauptmannin' Zurlauben had gathered a dozen people who had pledged to serve by accepting the hand money, she immediately sent the recruits, accompanied by armed soldiers, on their march westwards.

Maria Jakobea Zurlauben ran the office in Zug for many years and acted as a link to her brothers outside the country. There was a lot to do, especially in times of war, which were plentiful during the reign of King Louis XIV (1638-1715). Those willing to serve reported directly to the "Lady Captain". She also coordinated a network of recruiters who specifically recruited men. Winter was a busy time. The companies' stocks had to be replenished in good time for the spring draft. To keep each other up to date, the siblings often sent one another several letters a week (in French, the language of the patrician families) with queries such as, "How many recruits did the companies still need?", "How many had deserted en route or had to be left behind in hospital?", "How much cash was still available to pay the pub bills, hand pay, wages for the recruiters, guides and messengers as well as the tobacco, clothes and new shoes for the recruits?". Incidentally, the soldiers had to pay most of this back to the company owner after their arrival in France.

Maria Jakobea Zurlauben paid for advertisements in places such as the 'Wirtshauser' (pubs) from her own funds. After the death of Beat Heinrich Josef, she travelled to Paris to look through his estate and claim her money. She also shared in the financial proceeds of the payroll business and her husband was given an officer's position in his brother-in-law's company. In return, Maria Jakobea had to take her elderly mother into her household and look after her.

Anna Maria Zurlauben's father had 22 children; she didn't follow her half-sister Maria Jakobea into the mercenary business but at the tender age of just 16, she took her vows at the Frauenthal convent in Cham. From then on, she was known as **Sister Maria Ursula** and lived behind convent walls for six decades. Despite, or perhaps because of, the strict rules of the order, life in the convent enabled women to enjoy a fulfilling life full of education, security, community, spirituality, fulfilment and leadership. It was not long before Sister Maria Ursula Zurlauben held the honourable and responsible position of Prioress of Frauenthal Convent (Hagendorn). Back then, convents were not just spiritual centres as they are today, but also important commercial and economic enterprises with their own farms, workshops and factories. In 1705, when the economy of the Mariazell- Wurmsbach convent near Rapperswil on Lake Zurich went awry, Sister Maria Ursula was called in from the Frauenthal convent and tasked with revitalising the shattered monastery business on Lake Zurich. She acted as manager and reorganiser.

To have complete freedom of decision, she was given the position of abbess. The first thing she did was scrutinise the accounts: the monastery had considerable debts and only 20 guilders left in its coffers. She summarised: ‘So I've gone from a poor meadow (Frauenthal) to a far leaner one.’ Action was needed. Abbess Ursula drew on her family network for her reorganisation task. This was because her relatives now held leading positions in their monasteries. The money: Sister Maria Ursula thus ensured an active transfer of expertise and flow of money between Zug, Cham, Rapperswil, Tanikon, Muri and Rheinau. She reorganised her convent and achieved a turnaround, as one would say today. Maria Ursula died at the age of 76. The two convents of Wurmsbach and Frauenthal still exist today, thanks in part to Sister Ursula's work.

Maria Elisabeth Zurlauben, nee Kolin, married Beat Fidel Zurlauben in an arranged marriage, as was common at the time. She was 17 and he was 34. He was mostly away in France, serving at the King’s court and had tried unsuccessfully to marry other ladies. Through the marriage, the Zurlaubens got the Zurlaubenhof back from the Kolin family. In 1764 it became public that she was having an affair, moving her lover into the Zurlaubenhof, and the Kolins became an enemy of the Zurlaubens. The conservative Catholic authorities in Zug appeared to initially tolerate the situation but she was alleged to have been sent to a convent in Freiburg for three years. This is not verified. Certainly, her daughter spent time there. Beat took the child away from Zug to protect her while there were conflicts with the Kolins.



Because she was a Kolin, she was protected in Zug but eventually, rivalry between the Kolins and the Zurlaubens over the lucrative salt trade, among other things, forced her to kick her lover out. In 1767, she spent a long time in Konstanz and afterwards there was a reconciliation and the marriage of convenience seems to have turned into a love marriage. You can experience and read the whole story of Maria Elisabeth Zurlauben in the Burg Museum, Zug in an installation in English.

November 2025

MONDAY	TUESDAY	WEDNESDAY
		
3 8:00 **Morning Outdoor Fitness** 13:30 **Monday Brisk Walkers** 14:00 **German For Beginners** 18:00 **English Conversation Online**	**4** 10:00 **Badminton** 15:00 **Bridge**	**5** 8:00 **Morning Outdoor Fitness** 8:30 **"Kaffeeklatsch"** 10:00 **Zug Stammtisch** 13:30 **Wednesday Hiking**
10 8:00 **Morning Outdoor Fitness** 13:30 **Monday Brisk Walkers** 14:00 **German For Beginners** 18:00 **English Conversation Online**	**11** 10:00 **Badminton** 15:00 **Bridge**	**12** 8:00 **Morning Outdoor Fitness** 8:30 **"Kaffeeklatsch"** 10:00 **Zug Stammtisch** 13:30 **Wednesday Hiking**
17 8:00 **Morning Outdoor Fitness** 13:30 **Monday Brisk Walkers** 14:00 **German For Beginners** 18:00 **English Conversation Online** 18:00 **Member-to-Member Workshop**	**18** 10:00 **Badminton** 11:30 **Art & Cultural Group outing Zurich** 15:00 **Bridge**	**19** 8:00 **Morning Outdoor Fitness** 8:30 **"Kaffeeklatsch"** 10:00 **Zug Stammtisch** 13:30 **Wednesday Hiking** 19:00 **How the Other Half Loves a comedy by Alan Ayckbourn**
24 8:00 **Morning Outdoor Fitness** 13:30 **Monday Brisk Walkers** 14:00 **German For Beginners** 18:00 **English Conversation Online**	**25** 10:00 **Badminton** 15:00 **Bridge** 16:30 **Winetasting** 18:30 **Board Games**	**26** 8:00 **Morning Outdoor Fitness** 8:30 **"Kaffeeklatsch"** 10:00 **Zug Stammtisch** 13:30 **Wednesday Hiking**
		

Remember to check out our Website www.ziwc.ch for up-to-date calendar, photos and membership news. Have you joined our Facebook Group? www.facebook.com/groups/zuginternationalwomensclub/

Please note the changes to the Club's cancellation policy on p.4

THURSDAY	FRIDAY	WEEKEND
		**1** SATURDAY 13:00 **Atelier Jacob Exhibition** **2** SUNDAY 11:00 **Atelier Jacob Exhibition**
	**7** 8:00 **Morning Outdoor Fitness** 9:15 **Friday Fitness Hike** 18:00 **ESCAPE: Latin Dance class in Zug**	**8** SATURDAY **9** SUNDAY
13 10:00 **Aegeri Coffee** 14:00 **Italian conversation** 17:00 **Seasonal Evening**	**14** 8:00 **Morning Outdoor Fitness** 9:15 **Friday Fitness Hike** 10:00 **World Cheese Awards**	**15** SATURDAY **16** SUNDAY
20 10:00 **Cham Coffee** 18:15 **Monthly Dinner** 19:00 **How the Other Half Loves a comedy by Alan Ayckbourn**	**21** 8:00 **Morning Outdoor Fitness** 9:15 **Friday Fitness Hike** 19:00 **How the Other Half Loves a comedy by Alan Ayckbourn**	**22** SATURDAY 17:00 **How the Other Half Loves a comedy by Alan Ayckbourn** **23** SUNDAY
27 9:30 **Walchwil Coffee** 12:15 **Monthly Lunch** 14:00 **Italian conversation**	**28** 8:00 **Morning Outdoor Fitness** 9:15 **Friday Fitness Hike**	
		

December 2025

MONDAY	TUESDAY	WEDNESDAY
1 8:00 **Morning Outdoor Fitness** 13:30 **Monday Brisk Walkers** 14:00 **German For Beginners** 18:00 **English Conversation Online**	**2** 10:00 **Badminton** 15:00 **Bridge**	**3** 8:00 **Morning Outdoor Fitness** 8:30 **"Kaffeeklatsch"** 10:00 **Zug Stammtisch** 13:30 **Wednesday Hiking**
8 8:00 **Morning Outdoor Fitness** 13:30 **Monday Brisk Walkers** 18:00 **English Conversation Online**	**9** 10:00 **Badminton** 15:00 **Bridge** **ESCAPE: Freiburg im Breisgau Christmas Market ALL DAY EVENT**	**10** 8:00 **Morning Outdoor Fitness** 8:30 **"Kaffeeklatsch"** 10:00 **Zug Stammtisch** 13:30 **Wednesday Hiking**
15 8:00 **Morning Outdoor Fitness** 13:30 **Monday Brisk Walkers** 18:00 **English Online Conversation** 18:15 **Monthly Dinner**	**16** 10:00 **Badminton** 15:00 **Bridge**	**17** 8:00 **Morning Outdoor Fitness** 8:30 **"Kaffeeklatsch"** 10:00 **Zug Stammtisch** 13:30 **Wednesday Hiking**
22 8:00 **Morning Outdoor Fitness** 13:30 **Monday Brisk Walkers** 18:00 **English Online Conversation**	**23** 10:00 **Badminton** 15:00 **Bridge**	**24** 8:00 **Morning Outdoor Fitness** 13:30 **Wednesday Hiking**
29	**30**	**31**

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Please note the changes to the Club's cancellation policy on p.4

THURSDAY	FRIDAY	WEEKEND
 **4**	**5** 8:00 **Morning Outdoor Fitness** 9:00 **Samichlaus Breakfast** 9:15 **Friday Fitness Hike**	**6** SATURDAY **7** SUNDAY 10:30 **Santa Brunch Cruise**
11 10:00 **Aegeri Coffee** 14:00 **Italian conversation**	**12** 8:00 **Morning Outdoor Fitness** 9:15 **Friday Fitness Hike**	**13** SATURDAY **14** SUNDAY
18 10:00 **Cham Coffee**	**19** 8:00 **Morning Outdoor Fitness** 9:15 **Friday Fitness Hike**	**20** SATURDAY **21** SUNDAY
 **25**	 **26**	**27** SATURDAY **28** SUNDAY
		
		

Our yearly Zugerberg Finanz Trophy has closed its trails. Our ZIWC team has won the 2025 trophy! I went and had a little chat with some of our 70 participants.
Veerle Vandionant, Interest Group Chairwoman

The Zugerberg Finance Trophy: *More Than Just Exercising*

Set against the breathtaking surroundings of Zug's alpine landscape, the Zugerberg Finance Trophy has become more than just a sporting event, it's a community celebration of movement, inclusion, and human connection. After interviewing participants of this year's event, one message echoed through all the answers: this experience goes beyond competition.
Our youngest participant was 9 and the eldest was 74. It's about **every age, every ability, and every person** finding joy in being active outdoors, forming new friendships, and strengthening their sense of well-being.



A Place for Everyone

One of the most striking aspects of the Zugerberg Finance Trophy is its **inclusive spirit**. Participants spanned across generations, from young children taking on their first challenge, to seasoned runners or walkers enjoying the mountain air, to older adults walking the course with pride. "It's not about being the fastest," one participant shared. "It's about showing up, being part of something bigger, and moving your body with joy.".

Exercising in Nature

Participants spoke enthusiastically about the unique experience of exercising outdoors. The courses wind through some of the most stunning natural scenery in the region. "There's something about being outside that clears your mind and makes you feel good," said one of our runners. A walker added, "You feel free out here. The fresh air, the trees, the sunshine or the rain, it gives you energy."

Outdoor events like the Zugerberg Finance Trophy offer a powerful reminder of the mental and emotional benefits of nature-based activity. It's not just exercise, it's therapy.

Friendships and Socialising

A major theme that emerged in the interview was the importance of **social connection**. Whether friends signed up together or new Members joined and met each other for the first time on the trail, the event sparked conversations, laughter, and lasting bonds. “I came alone, but I left with new friends,” one participant said with a smile. Many described the trophy as a kind of social glue, a reason to connect, share stories, and build community.

Motivation and Well-being

For many, the event served as a source of **motivation**—to set goals and follow through and be part of a team aiming for a shared result. Participants described how motivated they were and it gave them some structure, purpose, and a positive focus. “It got me out of bed in the morning,” admitted one person. “I feel healthier, mentally and physically.”

A new Member joined this challenge as she wanted to do one new thing a day when moving to Switzerland. That one new thing has been postponed till now as she was so hooked by getting these kilometres in and meeting up and continuing the stories that weren’t finished the previous day.



Has this motivated you? Are you ready to challenge that Trophy next year?

The Zugerberg Finance Trophy is not an athletic competition, it’s a living example of how movement can bring people together, regardless of age or ability. It celebrates nature, friendship, and well-being in one joyful, shared experience. For those who take part, it’s not just about finishing the course. It’s about **feeling part of something meaningful**, and carrying that feeling into everyday life.

And as Kathryn shared with us: after every walk there is the coffee and cake and the longer the walk the better the coffee!

So here’s to more fresh air, new friendships, and the power of community activities like this one. Who’s joining us next year?

The ZT is hibernating but starts again in February 2026. Please get in touch with Sarah Paul – 079 279 9748 - if you want to have more information, signup and join so we can defend this year’s trophy.

“It is so empowering and motivating to see women of every age taking part,” said one of our Club Members. “There was no pressure—just encouragement, smiles, and a shared sense of purpose.” Enjoying nature, good chats and friendships

Zugerberg Finanz Trophy: Hibernating till February.
This challenge runs from February through October.
We have a Whatsapp group you can join, to know when other Members are doing the walks. Please contact Sarah on Whatsapp for additional information or so she can add you to the group and you can start walking with fellow Members

Contact: Sarah Paul 079 279 9748

Firenze, The Escape planning and the experience.

By **Alicia Toledo**,
Escape Chairwoman



In my time as Chairwoman, I have learned that the most anticipated Escape of the year is usually when we plan a multi-day trip. This year, Firenze Italia was our destination. I am often asked what is involved in putting together an Escape such as this, so through this trip recap, I'll give you a glimpse.

Eight Club Members ended up taking this wonderful four-day journey to the city considered the birthplace of the Renaissance. I contact the group ahead of the travel date and send a survey to get a sense of what the ladies enjoy doing when in another city. Questions such as do they like museums, shopping, doing the typical touristy things or more off-the-path experiences? Once I had the information I put together our itinerary for the three days we had to work with, as the first day was a travel day.

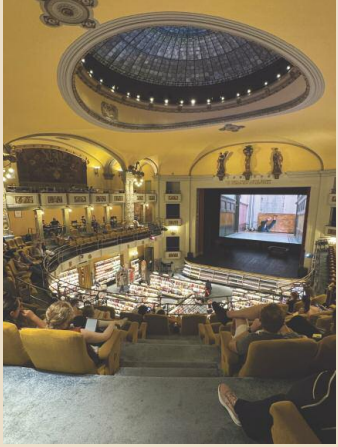
In order to not box the ladies into a strict schedule, I like to plan a set activity we all participate in as a group, then free time for everyone to explore at their leisure then a group dinner to cap the evening.

Day One: Travel Day. We travelled by SBB from Zug to Milan and switched trains to continue to Firenze. It was rather straightforward and we arrived at our destination within 5 hours. Our hotels were centrally located quite close to the train station and the centre of town. If you have never been, it is a very walkable city and quite easy to get around. Everyone checked in, refreshed and off we went to walk around a bit. Our first stop together was the famous wine windows to each get a glass to toast to the start of our time in the city. Then we proceeded to dinner at Trattoria Zà Zà in Florence's Central Market Square. The restaurant is known for typical Florentine and Tuscan fare. We were seated at a fantastic table that almost felt like a VIP area with the most interesting and colourful decor. The food and wine were outstanding while the plate servings were quite large. Thankfully we walked after our meal.

Day Two: Museum Day. Weather-wise it was a bit rainy on our second day, which worked out quite well with our plan. Museums are the perfect rainy day activity and it seemed the other tourists also had this in mind. Thankfully we had "skip the line" access to the Galleria Degli Uffizi so our wait time to enter was minimal. I highly recommend acquiring skip passes whenever possible. The museum has a world-renowned collection of paintings and sculptures including works by Da Vinci, Michelangelo, Botticelli, Rembrandt, Raphael, Caravaggio and many more. The ladies and I split up to enjoy at our own pace. I observed most other visitors flocked to the Birth of Venus, which is likely one of the most well-known pieces in the museum but interestingly, there are other stunningly beautiful paintings in the same room that were largely ignored by the crowd. There are wonderful things to observe everywhere you look, including the ceilings and the corners. Truly worth taking time to visit.

Upon reuniting at the exit, the ladies continued in separate groups to either enjoy lunch or walk around a bit. There are so many delicious places to eat near the Piazza della Signoria. There are options from Ristorante, Trattoria, Osteria to choose from. A few hours later, the ladies found each other again and we all went to enjoy the most delicious affogatos together at Caffe Mario. We loved it so much that many of us ended up going there multiple times during the trip!

Next stop was the Gucci museum and shop. The museum is set up in a way that showcases some iconic clothing pieces in one room, the bags in another dream-closet-type set-up, and then the scarves in the final room. It was a quick visit but still worth seeing if you enjoy fashion.


The weather improved significantly for our evening plan and the rain stopped. We visited the San Miniato Al Monte Basilica, where there is a monastic community and we decided to attend the Mass celebration which was then followed by the singing of Vespers in Latin and Gregorian chant by the monks in residence. A fun fact we learned: the cemetery by the Basilica is where Carlo Collodi, the author of Pinocchio, is buried. The steps of the Church were a perfect spot to see the sunset and take in the view of the City, while avoiding the larger crowd gathered at the Piazzale Michelangelo not far away. A short walk from the Basilica, we arrived at our dinner spot, Terrazze Michelangelo. A very full day of activity and food!

Day Three: Walking Tour and Shopping Day. I love booking a walking tour on our trips when possible. We enjoyed a fascinating 2-hour Medici Family guided tour together where our guide shared interesting historical and architectural details. There is something so special about having a local share the history and stories of their city that you do not quite get from the internet or books. There were fun jokes that even our guide recognized other guides at some point telling each other's same jokes and puns at the same landmarks. It was awe-inspiring to know that we were walking through such a significant historical city.

Once the tour finished, we then split up again to adventure on our own or in groups. One of the most interesting stops for me was visiting the Giunti Odeon - Libreria e Cinema, which is a beautiful theatre that was converted into a book store but is also still a cinema. On the second level there are theatre seats around a balcony that overlooks the book area below and the working screen showing a film. I could spend all day there but there is so much more to see in the city. Dinner that evening was at Cibrèo, a wonderful restaurant located within a hotel. The setting, service and menu were top.

Day Four: Free Day and Departure. Our final day is the day I do not programme anything for the ladies and we all enjoyed doing our own thing, whether it was going to pick up a final souvenir or having one more delicious meal and gelato before our departure back to Zug.

Unfortunately, not all things were quite a breeze on our trip home and must be shared as a warning. Upon arriving in Milan and switching trains, four of our ladies encountered a group trying to steal their luggage after they had already boarded. Thankfully, our ladies had been very aware this was a possibility since it is something that is a daily occurrence in the city now. Our ZIWC ladies very quickly realised the situation and let the would-be thieves know that they were messing with the wrong group and the theft was thwarted. The conductor arrived and informed the ladies that it has been a very difficult problem to control. Thankfully, our ladies had their wits about them and it ended up only being a momentary fright and nothing more serious.

I would like to extend my thanks to our wonderful group of ladies who travelled to Firenze together. Émely, Karin, Katalin, Marianne, Rebecca, Susan and Vivi, you all made this trip a delight. Wine, food, fashion and fun. What a time we had!

And to you Dear Readers, I look forward to serving you all and offering interesting Escapes the remaining months of my final term as Chairwoman.

ZIWC Charity Cruise on Lake Zug

Thursday, 28. August 2025

On a rather overcast afternoon in August, we stepped aboard the ferry at the Bahnhofsteg for the Charity Cruise on Lake Zug. It was an idea by Susan, our Vice-President, to host the event on this beautiful, white splendour of a boat, that took us cruising for 2 1/2 hours.

We had an area completely to ourselves with two long tables. One for the raffle prizes, which Saakje, Charity Coordinator, had managed to collect from generous sponsors yet again, and one for us eleven ladies who made it there.

The raffle goodies were put into exquisite paper bags that Saakje had found in Holland, and just to look at them was delightful and we all came away with a loaded bag!

Waited on by smiling and attentive staff the whole time, we enjoyed lovely bites to eat and plenty of prosecco. The “Matrose” also came to charm us several times.

It was such a pleasant experience, with interesting and fun conversation between us, whilst cruising at moderate speed which was so smooth that we could have been sitting in a restaurant at the harbour, were it not for the beautiful, changing scenery.

The whole idea of an event like this every year is for our Club to collect money for a chosen charity. This year we support Frauenhaus Luzern, which is a most worthy cause, because this is a place of last resort for the women, suffering from domestic abuse, who have no other place to go, a virtual haven 24/7 for women and children in need.

Thank you so much Susan Laudenbacher and Saakje Daalhuijsen for creating this special, memorable event.

Vivi Jensen



Seasonal Evening 13 November

Not too late to sign up!



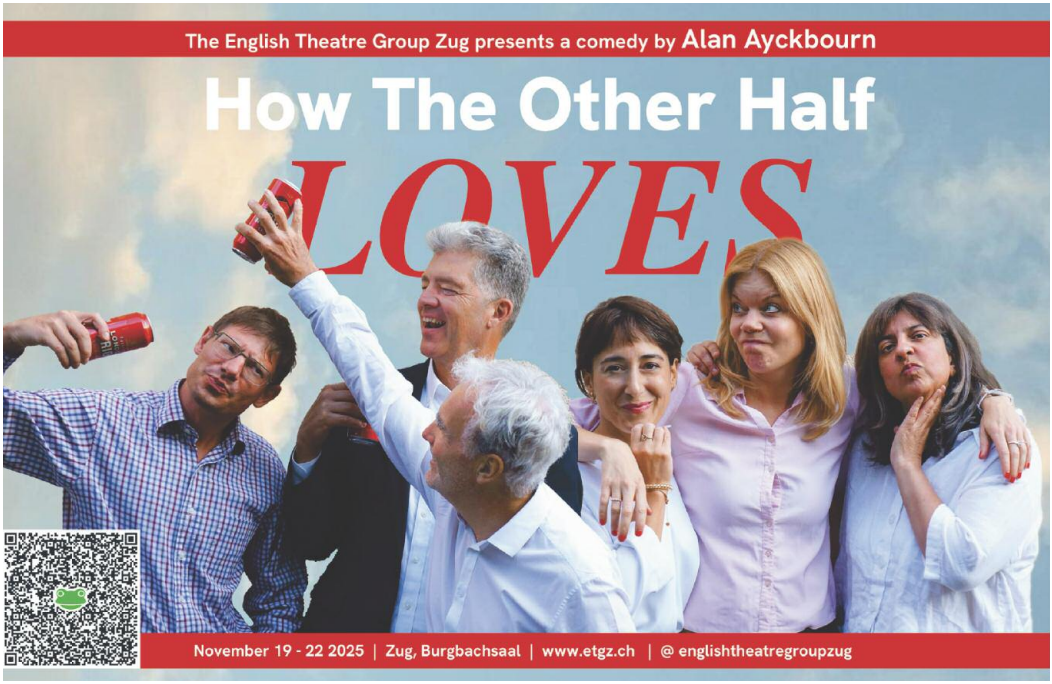
We warmly invite you to join us for this year's Seasonal Event - a cozy and convivial Raclette Evening with a Swiss wine tasting experience.

Celebrate the season with fellow Members as we indulge in one of Switzerland's most beloved culinary traditions, hot melted raclette cheese served with all the classic accompaniments while sipping on delicious Swiss wines.

We would like to continue our tradition of receiving and sharing your contribution to the event! We would need some platters to share for the apero table and of course your amazing desserts will finish up the perfect evening.

Date: **13 November 2025**
Start time: 18:30
Ending time: 22:30
Where: Siehbachsaal, Chamerstrasse 33 6300 Zug
Costs: Members bringing a dish - **CHF 15**
Members NOT bringing a dish - **CHF 35**
Dress code: Smart Casual
Menu: Those of you who are bringing something for the apero table or for the dessert table, please make sure the portion size is for at least 8 people

ZIWC Cancellation and Accident Insurance policies apply, see page 4 for details.



Interest Groups

Art & Cultural *outing of November to Zurich*

Art & Cultural outing of November to Zurich is taking place on the 18th.
We will meet in Zurich BH at 11.30. Please register online.

Swiss artist **Alice Bailly** (1872 Geneva – 1938 Lausanne) lived in Paris from 1906 to 1914, where she developed her own distinctive Futurist and Cubist approaches. In 1918 – 19, she took part in Dada events in Zurich and joined the 'Das Neue Leben' group. It was during this period that she created her innovative wool pictures ('tableaux-laine'), which are now being shown at the Kunsthaus. The presentation is an exchange with the Musée cantonal des Beaux-Arts in Lausanne, where a retrospective marking 100 years since the death of Félix Vallotton is taking place in the city of his birth, with substantial loans from the Kunsthaus.



As part of the ReCollect! series, the works of **Wolfgang Laib** are brought into dialogue with masterpieces from the Kunsthaus Zürich Collection. Since the late 1970s, Laib has created radically reduced, quietly powerful works using pollen, beeswax, milk, rice and stone.



Interest Groups

!!! Watch this Space !!!

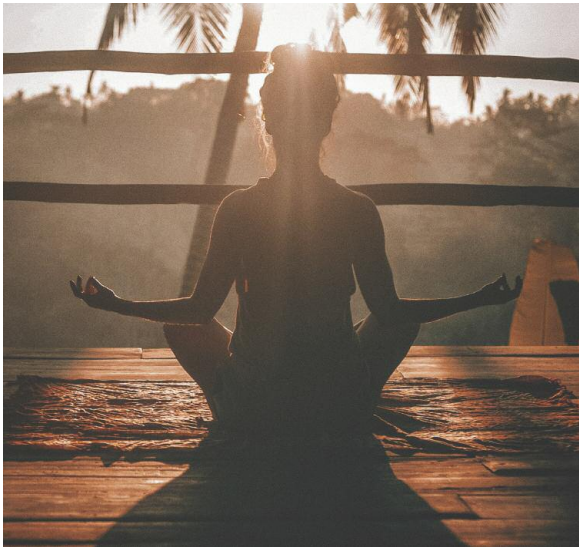
As of January we are starting a new Interest Group.

Tatiana Vogt is happy to lead "Meditation Circle" once a month in a studio in Baar.

A small contribution per session will be requested as this will cover the cost of renting the premises and a refreshment at the end.

If you are interested and want to join then please send a Whatsapp to Tatiana on 079 341 15 65 so she can set up the group and give you answers to questions you might have.

For this group you will have to register before. The Club No-Show Policy applies, see page 4.



Gardening group

Gardening Group - Grow your own!

But NO Gardening group during November – December – January– February

~ **Émely**, your ZIWC Gardening Host



Interest Groups

TRY ONE OF OUR MANY INTEREST GROUPS!

For full details see our website, contact Veerle for your free trial at interestgroups@ziwc.ch

• Participation in physical exercise or training activities is at your own risk. It is the participant's responsibility to have personal and accident insurance • Please always check the Club website calendar for any updates and changes regarding the dates, time and location of all our events. • Please Note: A no-show for a free event will result in a penalty fee of 25 CHF

MAKE AND CREATE

Knit and Natter ■ This group brings together those interested in handicrafts. From knitting, crochet, cross-stitch, you name it. There will always be someone to guide you or give new ideas. All levels are welcomed. Antonia is supported by Elisabeth who is also a keen handicrafter.The group meets every three weeks from 14:00 till 16:00 at Ober Altstadt 10, Zug
Contact Details: Antonia Latter at antonia.latter@bluewin.ch or on 076 386 0005.

Cooking Group ■ Are you a FOODIE and have a passion for cooking but would like to be inspired and hone your skills? Come join our group of some amateur, some professional ladies yearning to learn new recipes and skills. We rotate in each Member's home by consensus date. If this speaks to your heart, please consider joining the ZIWC Cooking Group.
Contact Details: Donna Byron Sequeira at donnabyron@mac.com

Gardening Group - Grow your own!! ■ **RESTARTING IN MARCH**
Learn how to grow your own vegetables in an easy way on your balcony or terrace. You learn all about how to plan, sow, grow and harvest. We welcome everybody, passionate about food, vegetables, and herbs, from beginners to seasoned gardeners. We meet on the first Tuesday of the month from 14:30 - 16:30. The forthcoming dates are: 4 March, 1 April, 6 May, 3 June Please reach out to Émelyziwc@gmail.com or 077 490 7374 if you want to participate.

BOOK CLUBS

Walk the talk! 'Philosophy for a good life' ■ This Group focuses on non-fiction books which cover the latest scientific findings on health and wellbeing. Topics will be wide ranging and will include any aspect of healthy living which we deem to be of interest, such as stress reduction, attitude, problem solving, communication, gut & brain health, sleep and more. **Disclaimer**: This group will not provide medical or psychological recommendations of any sort. Each participant must decide what information or activities they would like to include in their life. All medical conditions should be addressed with a doctor, or another authorised medical practitioner. **Meet**: The Group meets in person once per month on Thursday mornings from 09:30 to 11:30. **Contact Details**: Caroline G. Hoem at cghoem@outlook.com or on 078 683 3116.

Book Reading Morning Group ■ All women wishing to participate in book reading and discussion are very welcome to join us!
Meeting Details: Once a month at Ober Altstadt 10, Zug
Contact Details: Antonia Latter at Antonia.latter@bluewin.ch or on 076 386 0005.

CONVERSATION

English Conversation Class ■ Weekly on Mondays 18:00 – 19:00
Classes will be via Zoom. **Contact Details**: Bridget Storrie at +44 774 744 6380

"Kaffeeklatsch" - German Language Conversation Group ■

If you have a relatively good (passive) understanding of German but are looking for an opportunity to practise (active) speaking, this is a good opportunity to improve your conversation skills. **Meeting Details**: every **Wednesday morning from 8:30 to 10:00** (new participants please contact Agnès before joining). Park Hotel, Industriestrasse 14, 6302 Zug. **Contact Details**: Agnès Reicke at agnes@reickeglaus.ch or on 079 693 23 93.

Italian Conversation ■ *For Italian language lovers* ■

If you are a fan of Italy's food, wine, fashion, and culture, here is your chance to learn the nuances of its beautiful "singing" language. Cristina Rocco, a native Italian speaker is looking forward to welcoming new ladies! We'll have conversation, always open to give some grammar insights if needed. **Meeting Details**: Currently the meetings take place at **La Taverna Metalli Zug**, on a regular basis on **Thursdays**, from **14:00-15:00**. Always check the Club calendar and Whatsapp chat for latest updates. **Contact Details**: Cristina Rocco on 079 444 40 56 or at cristinarocco64@outlook.com
Please Note: A no-show for a free event will result in a penalty fee of CHF 25.

French Lunch Club ■

A bi-weekly spontaneous lunch in downtown Zug, where French will be practised. If you're native French or want to brush up on the French language this is where you want to be. A Whatsapp group is used to communicate further details. **Contact Details**: Anja Beck on 079 470 0012.

Tapas and Friends ■

Hablas español? We organise regular meetings to go out for tapas, cook Mexican food together, see a film in Spanish, visit an art exposition or go to a concert. We will speak exclusively in Spanish and will mainly meet in the evening on weekdays. **Contact Details**: Valerie Gitter at vgitter@bluewin.ch or on 079 763 4606.

OUT AND ABOUT / FUN

Spotlight Events! ■

Spotlight events are Member-organised experiences created for other Members. Exhibitions, concerts, sightseeing, day trips and business presentations are examples of what a spotlight event may be. The possibilities are endless! For additional guidelines you can find more information on the Club Website.
Contact Details: interestgroups@ziwc.ch

Last Minute Outings ■

If you are interested in receiving spontaneous invitations to various outings, as proposed by Valerie, please join this group by texting her. This group communicates only by WhatsApp **Contact Details**: Valerie Gitter on 079 763 4606.

Girls About Town ■

This is a Whatsapp Group open to all Members who wish to advertise a social event (not their own business), suggest an outing, look for company on an outing etc in the Zug region. **Contact Details**: Helena Lustenberger on 079 243 6439 giving your full name and mobile number.

Italian Wine Tasting ■

Are you a fan of wine? Join this group for a tasting tour through Italian wines. The Group meets once a month on a Tuesday afternoon from 16.30 for approx. 2 hours at a private venue in Hunenberg. The cost is 25 CHF per session for wines and savoury snacks. For meeting and location details please check the online Club Calendar.
Contact Details: Lorella Benedetto at lorella.benedetto@libero.it or on 078 652 1396.

Arts & Cultural Events Group ■

G. Shefika Balaban Brandenberger organises visits to museums, galleries, art exhibitions and some concerts. **Contact Details**: Shefika Balaban Brandenberger at gulsef08@hotmail.com or on 076 421 3835.

Board Games ■

Do you like board games and/or playing cards? To unwind, get your competitive side out while meeting other people? Then this group might be for you. We meet on the last Tuesday of the month at 18:30 in Cham. The venue is shared closer to the date. Please register online, further communication is via Whatsapp.
Contact Details: Priscilla Bastos on 076 433 1933.

Mums and Kids Group ■ Would you like to meet other ladies (and and also dads or grandparents as well) with children in the Club? We would like to hear from you. **Contact Details**: Betsy Ballew at 078 676 9727 to be added to the Whatsapp Group.

FITNESS AND HEALTH

Badminton ■ A great way to have some exercise and fun at the same time! New Members are always welcome. All levels welcome. The Group meets weekly on a Tuesday at 10:00 in Sports Zugerland Zentrum. **Contact Details**: Basia Powell at uciechosia@yahoo.co.uk or on 079 715 5137.

Monday Brisk Walk ■ A walk in the Zug area starting at 13:30 lasting 1.5-2 hours every Monday afternoon. These walks are 6-8 km at a brisk pace on flat terrain with short stops if necessary and a coffee break at the end. **Contact Details**: Patrizia Melera on 079 651 0137.

Intermediate Walking/Hiking Group ■ Walks of around 1.5 to 2.5 hours every Wednesday afternoon at 13:30. There may be some hikes in the mountains, but they will be done at an intermediate pace, with short stops if necessary. The Group Members will take turns in choosing and leading a walk. **Contact Details**: Jan Frei at jan.freicox@outlook.com or on 079 335 7669.

Fitness Hiking ■ A sport fitness hiking Group. The group walks at a speedy pace in the mountains around Zug. Please show up FIT for the hike. Every session will take around 2 hours every Friday at 09:15. **Contact Details**: Amy Egger at eggeramy@gmail.com or on 076 761 9135.

Golfing Gals Group ■ The Golfing Gals are enthusiastic golfing ladies at every level who practise and play regularly. Nothing is strictly organised, we just group together as it suits. We share our tee times and practice times in our Whatsapp Group. If you fancy joining, please send a Whatsapp. **Contact Details**: Émely Steegstra-Hendrix on 077 490 7374.

Last minute WhatsApp Tennis ■ Do you love playing tennis? Do you have difficulty in finding a co-player? Would you like to be spontaneously invited to play? The Group Members must be intermediate and/or high-level players (not beginners) and communicate via Whatsapp. **Contact Details**: Adriana Schiraldi on 079 744 17 46.

Outdoor Morning Fitness ■ Offering members free classes on Mondays, Wednesdays and Fridays from 08.00 – 08.45 at St Martin s Park Pavillion in Baar. **Contact Details**: Sandra on 079 739 3552 or at club276@club.mrssporty.ch

Zugerberg Finanz Trophy ■ **Hibernating till February.**
This challenge runs from February through October. We have a Whatsapp group you can join, to know when other Members are doing the walks. Please contact Sarah on Whatsapp for additional information or so she can add you to the group and you can start walking with fellow Members. **Contact Details:** Sarah Paul 079 279 9748.

Bridge Club ■ Teresa Hedinger and her group are looking out for fellow players. They play every Tuesday 15:00 h till 17:00 at the Park Hotel. If you are interested: **Contact Details**: Teresa Hedinger on 079 734 5579 or at teresahedinger@yahoo.com

Potential New Groups !!!! Portuguese language: weekly. Basic or advanced level. If interested please email: interestgroups@ziwc.ch

Save the Date!

2026 Events in the planning, watch this space!

Escapes

February / March
Panoramic train voyage
St Gallen day trip

Annual Events

Back to the '80s party - March

Special Event

ZIWC/PKZ spring fashion show- March



Santa Brunch

Date: 7 December 2025
Time: 10.30 – 12.30
Event Description: Traditions should be cultivated! That's why we have a special guest on this Sunday cruise: Santa is on board and has a little surprise for each child with a little verse!
Menu: Have a look at the brunch buffet menu for inspiration.
Departure Location: Zug Bahnhofsteg
Arrival Location: Zug Schützenmatt
Reserve Your Spot: Book your experience

Please be advised that a ZIWC advertising partner is coordinating this event, and the event is not exclusive to the Club Members.

PORSCHE



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